

APRIL 1996



Belleville Times

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Thursday, April 4, 1996

50¢

Cook queries meter costs vs. revenues... Council bonding \$96G for 25¢ parking meters

By Richard Dickon

A bond ordinance totalling \$96,000 has been passed on first reading by the Township Council, in the latest step toward installing parking meters along Washington Avenue and in the new 27-space parking lot for shoppers on Washington Ave., across from the Belleville Pub.

The Council has been looking for the last two years to update meters on Washington Avenue from a minimum of 5 cents to 25 cents an hour for a maximum of two hours.

Also, the new shoppers' parking lot has yet to receive 25-cent-per-hour meters, leaving the township without revenue to offset the more than \$375,000 paid out to demolish existing structures and build the lot.

Councilman Bill Cook instructed Township Manager Stephen Cuccio at the March 26 public Council meeting to inquire about the expected revenues, and previous revenues gained from the parking meters, as opposed to what the Council is paying to refurbish and install new meters.

"I would like us to know how much we are spending versus how much we bring in," Cook said.

Council members have expressed frustration and called for quick action to offset the loss of revenue from the meters and the parking lot.

Mayor Jim Messina said in February that the Council was being "penny wise and pound foolish," by spending \$375,000 on the parking lot and not taking in any revenue.

He suggested purchasing meters similar to Nutley's, where the meters are manually operated, as opposed to electronic meters, which he said can malfunction.

The work was then put out to

bid, after Vince Voltaggio of the DPW was supposed to survey existing meters to see which could be reconditioned and which meters must be replaced.

Still being debated is whether to change the hours of meter enforcement from 9 a.m. to 6 p.m. to 9 p.m.

Cook apparently spoke for entire Council's reluctance to increase the hours at a previous meeting, questioning who was going to enforce the meters after six o'clock.

Another question still not clearly answered is whether or not the Council has received all the state Department of Transportation approvals necessary to change the meter fees on Washington Avenue.

Charles Cerami, director of the Department of Public Works, had told the Council in January that vehicles have been illegally parked overnight from 2 to 6 a.m., making snow removal difficult. He was told that any such vehicles should be towed.

Last October, Cuccio was authorized by the Council to solicit bids to either "retrofit" existing meters or place new ones on Washington Avenue, all the meters, from Mill Street to the Nutley border.

The new Washington Avenue parking lot is to have 25-cent metered spaces, with no overnight parking.

Placing signs along the avenue and in the parking lot listing how much per hour and what hours parking is permitted has also agreed upon by the Council.

Deputy Mayor Thomas Spillane said he would like to see 25-cent meters be coordinated by the legal department and traffic departments.

About one-third of the money taken in from the meters, parking

(continued on page 2)



HOPPIN' DOWN THE BUNNY TRAIL - The Cuzzo family of Salter Place got Easter-ning early, hosting their annual Easter Egg Hunt for friends and family. Here, Angela Cuzzo-Zarro hops along with the Easter Bunny. For more on Silver Lake and the hunt, see page 5. For more on this weekend's Easter Egg Hunts, see page 7.

Ward candidates draw lines for May 14 election

The following line designations were drawn on April 1st for the Four Ward Council seats in the May 14th elections:

First Ward: Jim Messina	1A
2nd Ward: Joseph Scaperrotta	1A
Arnaldo Carrera	2A
3rd Ward: Kevin G. Kennedy	2A
William Escot	2A
4th Ward: Mario Drozd	1A
William P. Cook, Jr.	2A

Council clashes on tax assessor's salary raise

By Richard Dickon

Old political rivalries were revisited when the Council argued over increasing the amount of salary raise for the Township Tax Assessor.

Four Council members had tried to deny tenure and not reappoint Tax Assessor Thomas Salzano last year, with a three-member Council minority suing the other four. The suits were dropped after a Superior Court Judge ruled that Salzano has tenure and should be reappointed.

This latest battle stemmed over Township Manager Stephen Cuccio trying to add approximately \$1,700 to Salzano's already existing 3-percent salary increase.

The matter was tabled at the March 18 work session pending receipt of paperwork. It is believed the difference in salaries stems from the previous salary structure, which put six steps and six years in between the minimum and maximum salaries for employees.

Since Salzano started after Tax Assessor Steven Vogel, his base salary was lower, and so, too is his present salary.

Cuccio said a difference between Salzano's salary and Vogel's salary goes back to 1992 and was due to "an oversight" that

"was overlooked in this year's increase." He said he wanted "this inequity corrected."

Councilmen Bill Cook and Joseph Scaperrotta, and Councilwoman Angie Pasercchia all protested the move.

The three were part of the four-person majority, along with Councilman Jerry Digori, that tried to have Salzano removed in 1995.

Cook said Salzano was part of a union and therefore subject only to the increase given to that union.

Scaperrotta questioned why it took four years for the "inequity" to be recognized, and then repeated a previous call for the position to be made part-time, which he said would save about \$80,000.

Of the existing raise, Scaperrotta said angrily, "If he doesn't like it, he can quit. We can make the position part-time, and save taxpayers thousands of dollars. We have to have the courage to make tough decisions."

Pasercchia called the extra raise "ludicrous," and "totally out of line," adding that she agrees the position should be part-time.

The four Council members named in the suit were Cook,

(continued on page 2)

Budget cap raised to 5% for 'protection'

By Richard Dickon

The Council voted to raise the percentage amount of increase for the 1996 municipal budget to five percent, calling the move a necessary precaution against unforeseen budget shortfalls.

Township Manager Stephen Cuccio brought the ordinance to the Council, saying "It is wiser to ask for the leeway, even though we do not anticipate needing it."

The budget is still being looked over by a committee including Councilman Bill Cook, last year's budget committee chairman, along with Councilmen Jerry Digori and Joseph Scaperrotta. Councilman Victor Canning is again the alternate, attending meetings when one of the other three cannot.

Mayor Jim Messina called the cap waiver "fiscally responsible."

Cook said the township needs to apply for and receive the cap waiver from the state. "We will not be eligible for additional funds without it," he said.

A freeze on all new hires for township employees has been tabled while the Council investigates the legality of such a move with local unions, among other considerations.

The Council passed a temporary budget to take the municipality through March, and later extended the budget through an emergency resolution.

The temporary spending plan contains 25 percent of each municipal department's 1995 budget, according to Cuccio.

CORRECTION

The matter was tabled at the March 18 work session pending receipt of paperwork. It is believed the difference in salaries stems from the previous salary structure, which put six steps and six years in between the minimum and maximum salaries for employees.

CP center celebrating 50th anniversary



A SERENADE FOR CPC - The Cerebral Palsy Center (CPC) of Essex and West Hudson recently celebrated one of an entire year of events marking 50 years of offering persons of all ages a better life. As part of the celebration, clients spoke and smiled about why they are thankful that the center has been there for them for half a century. Some had specific favorite memories, like a recent Valentine's Day dance, while others talked about learning math and reading skills. Another said she had been a client since age three, and thanked the staff for all they had done for her through her adult years. The one most common theme expressed was how well the staff had treated them, how much they had given, and how thankful each client was for their help. A demonstration of just how grateful the clients are came through a musical serenade given by (left to right) Willie Tate, Cindy Chauvin, Susan Sproul and Chris Ryan, many of the same people who gave the wonderful testimonials. (Photo By Richard Dickon)



STUDENTS CHART THE HOLOCAUST'S TOLL - Donna Coleman (left) and Sabrina DeSousa (right) both display charts with facts and statistics on the Holocaust.

Children learn Holocaust's lesson through play acting

By Natalie Waldron

Through the study of history children learn how to keep social evils like the Holocaust from repeating themselves.

More than 20 students in Isobel Villano's sixth grade class at Belleville School #3 learned about the horrors of the Holocaust through a 30-minute play on the subject.

It took the class three months to prepare for their March 28 performance.

Villano researched at the Holocaust museum in Washington D.C. in order to prepare the script for the program—which was funded by the Stephen Draisin family. Stephen Draisin is a survivor of the Holocaust.

"Once I understood how much they suffered I could not understand why Hitler did so many bad things and what the point was of doing them," said Janice Serrano who played a reporter.

"People died for no reason

except that Hitler did not like them," she added.

It was estimated that at least 6 million Jewish men, women and children had died as a result of the Nazi extermination process," read one child during the filmstrip section of the program.

The program was divided into four parts: a family hiding from the Germans, a film strip presentation, a radio broadcast and a scene from the Diary of Anne Frank.

"I learned that Anne Frank really had it hard," said Tiffany Desmond, who played Anne Frank in the production. "I thought it was really awful that the Holocaust happened."

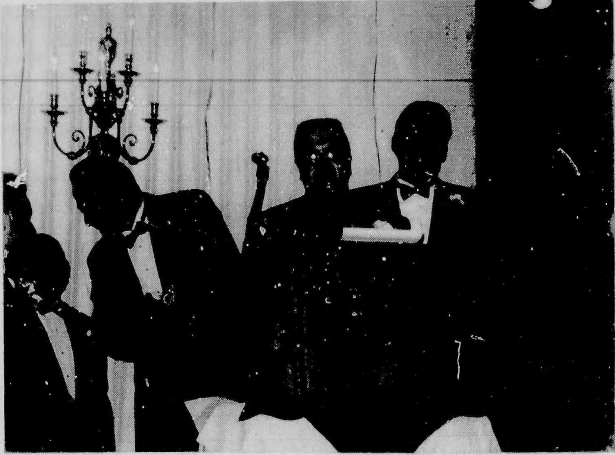
The play caused Kylie Brady to read the Diary of Anne Frank—a diary of a young Jewish girl's experiences during the Holocaust.

"I can now see the horror she went through. She didn't know how long that she had to live,"

(continued on page 5)



IT'S ELECTRIC! Policemen's wives and girlfriends do the electric slide at the ball Mar.24. (Photo by Kelly Tahaney)



PBA President and Belleville Detective Mark Minichini (left) presents outstanding support awards to St.Peter's Father Dennis Cuozza at the Policeman's Ball at the Chandelier in Belleville. (Photo by Kelly Tahaney)

TaxTips

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by H&R Block

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Q I am 65 years old and upon retirement in 1995, I received a lump-sum distribution from a qualified profit-sharing plan. The plan had been set up in 1972 by my employer. I did not pay anything into it. How will this be taxed?

A You may elect to roll it over into an IRA, which must be done within 60 days of receipt. If the lump-sum distribution is rolled over, there is no immediate tax liability; amounts are fully taxable in the year they are withdrawn from the IRA. If you handle the rollover yourself, however, the distribution will be subject to a 20-percent tax withholding. You can avoid this withholding if you ask your employer to transfer your funds directly to the IRA trustee.

If you do not roll the distribution over, part of it will be taxed as ordinary income and part may be taxed as capital gain. It may be advantageous to use the special averaging method on the entire distribution. Because you were born before 1936, you also have the option of choosing either five-year or ten-year special averaging. You should compute your tax with and without averaging, and with and without the election to treat the capital gain portion as capital gain to determine which option is most advantageous.

Cherry Blossom festival invites all vendors

The annual Cherry Blossom festival in Branch Brook Park scheduled for Saturday, April 20, invites any vendor interested to call 759-4848 for further information.

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Receiving his 25 year outstanding service award is former Belleville Police Officer Joseph Larceri. (Photo by Kelly Tahaney)

Council clashes on tax assessor

(continued from page 1)

Digori, Paserchia and Scaperrotta. Digori joined the three minority members that sued, Mayor Jim Messina, Deputy Mayor Thomas Spillane and Councilman Victor Canning in voting to use public funds to pay their legal costs.

Superior Court Judge Alvin Weiss ruled in May that Tax Assessor Thomas Salzano had tenure and was reappointed, after the four Council members attempted to deny Salzano tenure and not reappoint him.

Cook, Paserchia and Scaperrotta have all spoke out against using public funds to pay for the suit initiated against them, calling the litigation initiated by the other three "silly," and "frivolous."

Messina has said the Council should be covered under indemnification law, where if a Council member feels there is "impropriety," they can have legal fees paid.

Township Attorney Robert Giordano has responded to Messina's claim, saying indemnification "does not cover this particular situation," and that a Council person indemnified "if sued in their official capacity."

Messina said that pursuing the suit, which alleged that the four Council members violating the Faulkner Act, governing conduct by the Council, and the Open Public Meetings Act, would bring more harm than good to the township.

Cuccio has said he thought Salzano was tenured all along.

Council bonding \$96G for 25¢ parking meters

(continued from page 1)

tickets and the towing of cars has been considered to go toward funding a parking authority, officials have said previously.

The Township Council has passed an ordinance for 25 cent meters in the North side parking lot adjacent to Town Hall, that allows only residents, not employees, to park there.

The change was made in response to complaints from residents, Cuccio said, with municipal

employees now parking in the rear of Town Hall.

Residents have complained that no parking is available in the lot, because municipal employees park there all day long and in the evening, during council meetings.

Parking has also been prohibited on Valley Street from Washington Avenue to Academy Street, although Cuccio said he recommended allowing parking on one side, so that workers have a place to park.

A.C. bus trip will be on Apr. 21

The Knights of Columbus Annual Atlantic City bus ride to Resorts Inn will be on April 21.

The buses will leave at 9 a.m. sharp from the parking lot behind Belleville Town Hall.

The price for the trip is \$35.00 per person. The trip includes a stop for brunch and \$17.50 in coins. Call Joe Wolf for ticket information at 759-9659 and or 991-4930.

Doctor's discovery may end obesity

HILTON HEAD, S.C. — A doctor has discovered that an ingredient found in a small fruit grown in Asia, combined with an ingredient praised by the U.S. Department of Agriculture can help cause significant weight loss.

In a study published in a prestigious American medical journal, Dr. Anthony A. Conte, M.D. reported that the formula, now called Bio-Max 3000, caused patients to lose more than twice as much weight as a control group on the same fat reduced diet. Neither group was instructed to decrease the amount of food they ate or to increase their exercise levels. An article published in the *American Journal of Clinical Nutrition* confirms that you don't have to reduce the amount of food you eat to lose weight, provided that you limit the fat.

Scientists suggest that the mechanism behind the weight reduction includes decreasing sugar cravings and interruption of the "Krebs Cycle," an important step in the body's fat storage process. "The best part of this unique discovery is that it is not a drug, not North American food supplement," says Dr. Conte. The Asian fruit, called garcinia, is similar to citrus fruit found in the United States with one big exception—it may help some people fight obesity! While Dr. Conte's study may be preliminary, the North American food supplement, Phillips Gulf Corp. is calling the Bio-Max 3000 supplement "Nature's Ideal Diet Aid."

According to a spokesperson for the company, Bio-Max 3000 is now available on a limited basis through pharmacies and nutrition stores or call 1-800-729-8466 or visit our web site.

Bio-Max 3000 is available locally at:

BELEVILLE
GOOD HEALTH PHARMACY
530 Jorilemon 759-2761
ABBOTS DRUG STORE
531 Washington Ave. 759-8181
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338 Washington Ave. 759-1956

Author's Note: This statement has not been evaluated by the FDA. Bio-Max 3000 is not intended to diagnose, treat, cure, or prevent any disease.

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Belleville Senior News

By Joseph Restaino



I must walk again the wooded path

I must walk again the wooded path
I must stroll the country lane
Where sunsets fall like summer plums
And stardust falls like rain
I must see again the fire fly
On the honeysuckle vine
And watch an eagle spread its wings
Above the tallest pine
I must see once more a hummingbird
Where hollyhocks grow wild
And run carefree through golden leaves
Like I did as a child
I must stand atop a mountain
When all is white with snow
And linger till the purple haze
Spreads twilight far below
I must do these things lest I forget
How precious life can be...
I must walk again the wooded path
Where my Savior walks with me!

By Clay Harrison

A belated thanks to Jim and Marie Troiano for the excellent job of decorating the Senior Center for the St. Patrick's Day party held by the Friday Senior Social Club. Betty Barr, chairperson, could not attend but her committee of Jim and Marie Troiano, Theresa Leonardis, Josephine Molinaro, Rose Simeone, Gert Trimarco and many other volunteers did an outstanding job in coordinating the party. The Nardiello Family (Daily Catering) served the large group of seniors some delicious corned beef and cabbage. Chicken was also on the menu with all the salad trimmings to go with it. The seniors danced to music by the Anthony Foursome. The music was enjoyable and the seniors made up for lost time. Congratulations to all who helped make this a successful party.

Condolences to the family of Ann Hertling.

Get well wishes to Jay Tribuno who had cataract surgery on her other eye. Also Joe Shoessel who was in the hospital and is now home.

Congressman Bill Martini was guest speaker at the Tuesday Senior Club meeting. Congressman Martini spoke on Medicare and several topics of interest to the seniors. He also answered many questions from the seniors. He stated that he would not do anything that would hurt the seniors. The senior members present seemed to appreciate his outright approach to the many problems.

Many thanks to Mary Melchione who is doing an excellent job in taking charge of the aerobic class every Monday.

President Clinton signed a bipartisan bill to allow seniors to make more money with their Social Security. (more later).

Congratulations to Judge Thomas Zampino on being reappointed a family court judge. It will now go to the Senate and if they approve, Judge Zampino will have tenure until age 70.

Local people and politicians were shocked when N.J.

Assemblyman and Nutley Public Safety Director John Kelly announced that he will not run for commissioner in the upcoming May election. Kelly has been a commissioner since 1988 and has served as mayor part of the time. The well liked Kelly stated that he wants to spend more time with his ten grand children. And I say, go for it John and enjoy your grandchildren because it is later than you think!

I see that Senator Bradley has worn his fight to save the Utah wildlands. A bill sponsored by Congressman Orrin Hatch of Utah, to give away millions of acres to developers and tack it on to a bill that would appropriate the money needed to buy the Sterling Forest (land in N.J. and N.Y. that gives N.J. precious water that we need) Senator Bradley threatened to filibuster the bill and had to be withdrawn. Now the bill to provide the money for Sterling Forest will be appropriated. Thank you, Senator Bradley.

Millie Falcone's granddaughter, Kristine Candura is graduating from Loyola College in Maryland. She has made her parents and grandparents very proud because she has made the Dean's List and was chosen for Who's Who Among Students in American Universities and Colleges. Congratulations to all! Tid bit: Children are likely to live up to what you believe of them.

You can help make Belleville beautiful!
Happy Easter and Happy Passover

Easter Bunny

to visit Rec House

The Belleville Holiday Celebration Committee will host their 7th annual Easter Party, featuring free pictures with the Easter Bunny, on Saturday, April 6th, from noon until 2 p.m. at the Recreation House on Joramelon Street.

The event is co-chaired by Council members Joseph Scaperrotta and Angie Paserchia. The annual event has attracted hundreds of children. Admission is free to all Belleville residents.

The Easter Bunny, a good friend of Councilman Scaperrotta, is looking forward to the visit.

Optimist Club has Easter Egg Hunt

The Optimist Club of Belleville will be holding its 18th annual Easter Egg Hunt, on Saturday, April 6th at 9 a.m. sharp, for all children 12 years and under, at Branch Brook Park, at the dead end of Mill Street.

The Easter Bunny will be there, rain or shine, and is looking forward to seeing all of Belleville's egg-hunting youngsters.



Retired Deputy Chief Michael Petrillo accepts the outstanding service award for 25 years of service. (Photo by Kelly Tahaney)



BALLING IT UP- Enjoying the dinner/dance are from left, Joseph Larceri, Councilwoman Angie Paserchia, Michael Deukis, and Councilman Joseph Scaperrotta. (Photo by Kelly Tahaney)

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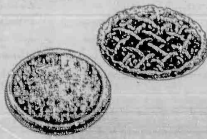
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OUR OPINION

Holocaust teaching the grimmest reminder of the price of ignorance

Those who do not learn from history are doomed to repeat it. That well-known quote was put into action recently at School #3, where, through the study of history, children are learning how to keep one of the most horrible events in human history -- the Holocaust -- from being repeated.

More than 20 students in Isobel Villano's sixth grade class learned about the horrors of the Holocaust through a 30-minute play on the subject, which took three months to prepare. The children heard the devastating statistics, including the perishing of at least 6 million Jewish, men, women and children, through the story of Anne Frank.

Much more than that, though, the children lived the experience through a story about a family hiding from the Germans, a film strip presentation, a radio broadcast and a scene from the Diary of Anne Frank. There comments after the program illustrated the value of keeping the memories of

the Holocaust alive.

Unfortunately for these young men and women, those horrors live on in Bosnia, in the Middle East and countless other regions of the world. It will not be enough for these young people to understand and empathize with the victims of the Holocaust. They need to take their place among tomorrow's leaders, and be vigilant about preventing such genocide, or ethnic cleansing, the term used in Bosnia for their generation.

For residents complaining about the cost of education, and those planning to vote against this year's budget, this example should give you pause about tying the hands of educators trying to enact new and better educational programs. There is no better example than teaching the Holocaust to drive home the adage: if you think education is expensive, try paying the cost of ignorance.

Politics aside, Council must decide if full-time tax assessor is needed

Amongst the wrangling and bitter arguments of old political rivalries regarding an increase in the amount of salary raise for the Township Tax Assessor, a couple of interesting questions were again raised, and one may have been answered.

Councilman Joseph Scaperrotta and Councilwoman Angie Paserchia, who are political foes of Tax Assessor Thomas Salzano, nevertheless have a good suggestion about making the tax assessor's job part-time. Instead of battling along political lines about Salzano, we would recommend a study be done on the feasibility of making the position part-time. What is in the best interests of taxpayers should supersede any other concerns here.

The Council has been split bitterly on the tax assessor's job since last summer, when four Council members tried to deny tenure and not reappoint Salzano, with a three-member Council minority suing the other four. The suits were dropped after a Superior Court Judge ruled that Salzano has tenure and should be reappointed.

This latest battle stemmed over Township Manager Stephen Cuccio trying

to add approximately \$1,700 to Salzano's already existing 3-percent salary increase. The second interesting question here is whether or not this raise is correct and ethical. According to information provided by the Township Clerk's office, the difference in salaries stems from the previous salary structure, which put six steps and six years in between the minimum and maximum salaries for employees. Since Salzano started after Tax Assessor Steven Vogel, his base salary was lower, and so, too is his present salary.

If this proves true, then Cuccio appears to be trying to give an extra raise as a political favor, a serious breach of ethics. Cuccio said a difference between Salzano's salary and Vogel's salary goes back to 1992 and was due to an oversight that was overlooked in this year's increase. He said he wanted this inequity corrected.

Regardless of whether that is verified or not, the Council is allowing politics to interfere with the task it has been elected to perform. It is time to settle the issue of the tax assessor -- part-time, or full-time.

Quotables

Education makes a people easy to lead, but difficult to drive; easy to govern, but impossible to enslave. -- Henry Peter, Lord Brougham

Work helps to preserve us from three great evils -- weariness, vice and want. -- Voltaire

He that hath wife and children hath given hostages to fortune; for they are impediments to great enterprises, either of virtue or of mischief. -- Francis Bacon

Fate chooses our relatives. We choose our friends. -- Jacques DeLille

What is a weed? A plant whose virtues have not been discovered. -- Ralph Waldo Emerson

When you reread a classic, you do not see more in the book than you did before; you see more in you than there was before. -- Clifton Fadiman

Most men make use of the first part of their life to render the last part miserable. -- Jean De La Bruyere

Wisdom is knowing when you can't be wise. -- Paul Engle

We may be willing to tell a story twice, never hear it more than once. -- William Hazlitt

When you know a thing, to hold that you know it; and when you do not know a thing, to allow that you do not know it -- this is knowledge. -- Confucius

'Honestly Belleville'

By Richard Dickon

In Belleville, even cancer survival is 'fair game' in playing political dirty tricks

At this past public Council meeting, an allegation was made by Mrs. Toni Marrone that Councilman Joseph Scaperrotta made a disparaging remark to Councilman Victor Canning about her battle against breast cancer.

It is extremely politically incorrect to talk about a cancer survivor being used as a political pawn in the upcoming Second Ward Council election. So before I tackle that most difficult and painful topic, I must first share my own background in cancer survival.

My mother has been the strongest, most positive influence in my life for the past 35 years. Some six years, Catherine Dickon, my mom, was diagnosed with a malignant tumor. Without going into details, the cancer was contained, and I am happy to report that she remains cancer-free. My mom raised myself and four siblings following my father's death more than a quarter-century ago, and whatever success I have attained is directly attributable to her strength, courage and the unconditional love she has afforded me over my lifetime.

I have had occasion to speak to Joseph Scaperrotta about what cancer has done to his family, and whatever he is alleged to have said about Mrs. Marrone, one thing is clear. Joe knows the pain cancer causes to every victim, their families and their friends.

Politics in Belleville can be an ugly, dirty game. Cancer is not something that any of the people involved in this most unfortunate display can be accused of taking lightly. I would never question Mrs. Marrone's sincerity in this matter, nor any of those who have come to her defense.

However, I can question Councilman Victor Canning's motives in using this information. Whether the alleged disparaging statement was ever made is not what I take issue with here. What I take issue with is using the issue of cancer as a tactic in a political campaign. Canning is supporting Scaperrotta's rival for the Second Ward seat, so this smacks of political dirty tricks.

The devastating effects the scourge of cancer can have on all our lives is a true and utter tragedy. To use someone's personal struggle against the disease to try and disparage a political foe is indefensible.

Again, I mean no disrespect to Mrs. Marrone

and her sincere supporters, but I do not believe that Joe Scaperrotta is insensitive to cancer's toll on human life. The exploitation of this issue is the low point in my time covering Belleville politics.

The Belleville Times intends to give fair and equal coverage to each and every candidate running for a Ward Seat. I intend to feature interviews, as well as a candidates page, on a continuing basis between now and the May 14 elections. This type of dirty political maneuvering is the very reason why this column's name and frequent focus has changed.

I would implore all voters to hold neither Joe Scaperrotta nor Arnaldo Carrera accountable for this unfortunate display, but rather judge each man on his qualifications and defendable record on the issues pertinent to Belleville, not on hearsay.

The principals involved in this fiasco, Scaperrotta, Canning and Mrs. Marrone, have all been verbally offered the opportunity to compose a letter to the editor regarding these allegations, and each person will be given space on page 5 of this newspaper when, and if, they choose to respond. The only good that came from this matter is the acknowledgement that cancer exacts a toll on all of us. For myself, certainly for Mrs. Marrone and, I believe for Joe Scaperrotta, that point has already been made.

At the same Council meeting, School Board member and longtime gadfly Frank Montagna inflicted what apparently will be his weekly violent tirade, asking Scaperrotta to step outside and fight him, after Scaperrotta incited him by stating that Montagna "will get his." I hope what Montagna gets is some class, since his constant embarrassing behavior reflects badly on the people he was elected to serve. Perhaps Montagna can join a Golden Gloves boxing league for persons past age 60 to satisfy his pugilistic yearnings...

The name of this column has changed, necessitated by on-going events involving local politicians. It is the intent of this column to continue highlighting those who do good things in Belleville, but with elections around the corner, it has become necessary to separate fact from fiction virtually every week.



Of All Things

By Frank Orechio

A feature of the Nutley Sun, Bloomfield Life and Belleville Times

• **THE Radcliffe School Parent Teacher Association's Tricky Tray fundraiser is scheduled for Friday, April 19th. Surplus funds will enable the group to supplement the offerings of the school system with special events and enhancements. Donations gleefully accepted by sending a check to the order of the Radcliffe School PTA and mailing it to 379 Bloomfield Ave., Nutley.**

• **A NEWSPAPER story based primarily on innuendo concerning the office of Prosecutor Clifford Minor was unfair to the Prosecutor. There are several versions in which negative rumors were circulated about Minor. Some observers believe the rumors -- and there were many -- that Minor had been arrested -- and Chief of Detectives in the Prosecutor's Office, Harold Gibson, also had been arrested. Of course, these rumors proved to be false, but nevertheless, just the mere circulation of the**

rumors began to create a cloud over the reputation of the very honorable Clifford Minor. The story of Minor's life is a Horatio Alger narrative. Literally from rags to riches, this man's rise was due to the relentless drive to make good in this world, still facing the problems of prejudice.

Until there is clear and convincing evidence that Minor's impeccable reputation is subject to doubt, I for one have total confidence in his good character.

• **MSGR. LOUIS FIMIAMI, the peerless leader of Holy Family Church, and former Unico president of Nutley, Dr. Joseph Scarpelli, have been selected by the organization for special awards. Msgr. Fimiani will receive the Outstanding Achievement Award and Dr. Joseph Scarpelli will be celebrated as the Unico Man of the Year. The pair will be honored at the annual Awards and Charity Ball April 26th at Nanina's in the Park, Belleville. Tickets are available from John Russo at 667-0014 or Frank Bozza at 667-1292.**

• **I RECEIVED my occasional note from an old family friend, George Harris, Jr., who is enjoying his retirement in Scottsdale, Arizona, with his wife, Joan. He forwarded to me a copy of an item entitled, "A Story of an Italian who Went to Sun City, Arizona," which he received from Dr. Jerry Piserchia who lives with his lovely wife, Iona, in neighboring Sun City West. The cartoon of an Italian immigrant with travelling bags in hand and an old fashioned Italian mustache is accompanied with a**

narrative in which the immigrant complains about his broken English being misunderstood. The dialect results in language which is barely inappropriate for a family newspaper. If any of our readers care to read the item in its entirety, it would be their pleasure to have you stop by.



George Harris, Jr.

• **ESSEX COUNTY Executive Jim Treffinger makes sense when he asks the Freeholders to adopt a residency resolution for county employees affecting workers hired after January 1st. What is more important, by making promotions, Treffinger proposes giving preference to county residents. That's terrific!**



Jim Treffinger



Clifford Minor

Belleville Times

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Holocaust played out at School #3

(continued from page 1)

Kylie said.

Lynette Roman, who was also in the play then added, "Even though I am not Jewish, it made me feel so bad inside when I heard what had happened, but we have to remember it because we don't want it to happen again."

The children read lines like the one below which was from a young girl survivor of Auschwitz:

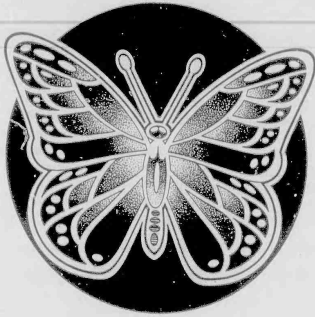
"I remember the torture. We were awoken at 4 or 5 in the morning. It was the morning called the Apell. If someone was missing we had to kneel on stones. They were unsanitary conditions. We were given moldy bread to eat once a week. On Sundays, if we behaved, we got soup made of potato peels, and grass or something and we also got a dessert, not a piece of potato, but a whole raw potato."

The performance impressed educators.

"The end result exceeded our expectations," said Michael Lally, superintendent of Belleville Schools. "They produced a first rate production."

"They did a great job because it is a difficult subject to relate to. Mrs. Villano did a great job on making the play something that they can understand," said Raffaella Saulino, principal of School #3.

"Because it is a very difficult subject I think the children did a great job to represent the part they played. I thought the children were very believable," she added.

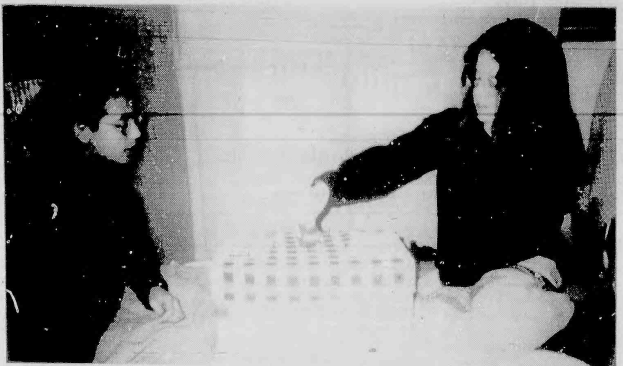


The Butterfly

-By Pavel Friedmann
died, Auschwitz, Age 23

*"For seven weeks I've lived here,
Penned up inside this ghetto.
But I have found what I love here.
The dandelions call to me
And the white chestnut branches in the court.
Only I never saw another butterfly.*

*That butterfly was the last one.
Butterflies don't live in here,
In the ghetto."*



STUDENTS LEARN ABOUT THE HOLOCAUST — Sarah Lynette Roman (left) who plays Sara Goldman and Anna Tiffany Desmond (right) who plays Anne Frank, both hide from the Germans in the sixth grade production of the Holocaust at School #3.



STUDENTS ENJOY MULTI-CULTURAL DESSERTS — A group of sixth grade students enjoy multi-cultural desserts in the library of School #3 after the performance of the play on the Holocaust.

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A view from Capitol Hill

By Bill Martini
Congressman, Eighth District
A feature of The Nutley Sun, Belleville Times,
Bloomfield Life and Glen Ridge Voice

There is only so much we can do to ensure our personal security — bars on our windows, alarms in our cars, even police officers in our schools.

People simply don't feel safe anymore, and rightly so. A violent crime happens in this country every 17 seconds. The statistics are staggering.

As a father of two and a former federal prosecutor, I am outraged to see story after story on the news about innocent victims and wasted lives.

Everyone supports tougher crime control measures. Unfortunately, some in Washington believe the solution is to just throw more money at the problem.

I certainly support increased policing efforts; however, I would argue that simply putting more cops on the streets will do little to deter crime if criminals know they will get only a slap on the wrist and be back on the street in a matter of days.

We need to give law-enforcement the tools they need to protect the public's safety and deliver real justice. We can do that by giving our communities a clear anti-crime plan and the enforcement to back it up. Until now, our leaders have talked very tough but did little more than make watered-down promises with a price tag of billions.

The reality is, no one piece of federal legislation will cure our crime problems overnight.

The new majority in

Congress recognizes that we need a new approach and fundamental reform if we are going to ever give our citizens piece of mind. We took action and passed a comprehensive crime bill that includes habeas corpus reform to stop the endless death-row appeals. We passed a truth-in-sentencing law so victims will know a life sentence means just that — criminals will spend the rest of their lives in prison.

Congress would also send power back to the people by switching from "Washington-knows-best" programs to block grants funding, so states can administer these programs in the most efficient and effective ways. Those closest to the problems are better equipped to find the right solution for each community's individual problems. Obviously, what works for law enforcement in Patterson, Iowa will probably not work in Patterson, New Jersey.

But President Clinton vetoed these anti-crime measures last year.

Many lawmakers prefer to coddle criminals rather than deliver the punishment they deserve. They choose to protect the prisoners' rights under the guise of civil liberties and human rights. This approach has resulted in gross abuse and manipulation of the criminal justice system.

I have seen first-hand the aftermath of heinous crimes and the absence of swift justice.

Victims of crime end up being victimized once again by the system itself.

I and my colleagues in Congress have not abandoned the personal security of the American family.

On March 14, I was pleased to support successful passage of the Effective Death Penalty and Public Safety Act, an important anti-crime measure that stands firm on both prevention and punishment. It is the most pro-victim piece of legislation Congress has considered in almost a decade. It ends delays and endless appeals in carrying out death sentences and requires criminals to pay restitution to their victims as a condition of their probation or parole. It also takes a no-nonsense approach to alien criminals and strengthens measures to prevent acts of terrorism against the United States.

During consideration of the bill, I offered an amendment to respond to the horrible tragedy that happened last year at the Montclair Post Office, when Christopher Green walked in and summarily murdered four people and severely injured a fifth. I and many in the community were shocked when the U.S. attorney trying the case determined that the statute did not clearly make such a crime eligible for the death penalty — even though Green confessed to the murders!

Once enacted, my amendment would close this loophole that exists in current law.

As good as this bill is, I believe it should be even tougher. I am hopeful the House and Senate will further strengthen the final bill and present it to the President very soon. There is too much at stake to let anyone stand in the way of delivering safety and peace of mind to our citizens.

Middle school presents 'Story of America' multicultural experience

"The Story of America", a multi-cultural assembly was recently presented at Belleville Middle School. More than 200 students and faculty combined their efforts to showcase the diverse cultures that are evidenced at the middle school.

Lauren Cooper, the chairperson of the Multicultural Committee, spearheaded the assembly. The auditorium was decorated with international flags made by the students. The assembly included performances by the orchestra, under the direction of Edward Black, while the Jazz Ensemble was directed by Glen Van Benschoten.

Also performing were the choruses led by Robert Gizzi and Ronald Hackling. Additional teachers who assisted were Carol Giuffrida with the Dances, Michael Popovich and Tiffany Parker, a high school student.

The events were introduced by student narrators Aida DelValle, Jessica Fuentes, Melissa Cario and Jessica Santiago.

The story line followed highlighting the songs, dances and famous people of various cultures.

The following students participated in the assembly: Actresses, mother, Aida DelValle; daughter, Melissa Cario; Stage Manager, Melissa Morgan; Assistant to the Gospel Choir, Tiffany Parker; Gospel Choir Directors, Sherill Gill and Lauren Cooper; Narrators, Jessica Fuentes and Jessica Fantiago; Speakers, Elizabeth Reese, Laura Reese, Sasha Vivimy, Marcus Wright, Jeome Truitt, Justin Moore and Amanda Porter. Percussionists, Terri Danis, Dina Ferreira, Nicole Jenkins, Lynae McAlister, Kathalina Nunez, Jackie Ortiz, Susan Perri, Erica Rodriguez, Tasha Simmons.

Spanish Dancers: Jennifer Gonzales, Stephanie Gonzales,

Cynthia Altieri, Annabel Rodriguez, Yvonne Bowers, Gloria Rosado.

Gospel Choir: Jessica Fuentes, Melissa Cario, Randi Luzzi, Parid Gill, Sir Parker, Akira Parker, Karla Barahona, Terrence Jenkins, Lance Bowers, Annabel Rodriguez, Michelle Alvarado (soloist), Yvonne Bowers (soloist), Lisa Angevine, Jennifer Gonzales, Stephanie Gonzales, Cynthia Altieri, Gloria Rosado, Nicole Jenkins, Kyle McDuffy, Jessica Santiago, Ada DelValle.

Chorus, Grade 7 sopranos: Jessica Santiago, Christa Cerami, Ferah Kazik, Jessica Krauth, Susan Kline Lim, Jennifer Acevedo, Anne Marie Gardi, Jody Renna, Stephanie Savage, Jennifer Parr.

Nancy Nunez, Kristina Forendin, Jazaida Gonzalez, Christine Hinchey, John Huynh, Nicole Panico, Altos: Luzzi Auerbach, Kristin Lynch, Shmune Greivious, Michelle DaSilva, Maida Diablan, Christian Iglesias, John Cesena, Aziza Atwa, Rocco Russoanno, Christina Caputo, Rebecca Rotino.

Chorus, Grade 8 sopranos: Melissa Cario, Mami Wilson, Pasquale Esposito, Yara Acosta, Jody Eccles, Michelle Waldron, Stephanie Assal. Altos: Jessica Matos, Randi Luzzi, Stephanie Andrade, Gynise Gatto, Karla Barahona, Elizabeth Resse, Jennifer Quinn, Christiana Balagas, Dennis Lydon, Veronica Cardozo, Michelle Alvarado, Doreen O'Keefe, Lizbeth Solan.

Belleville Police Blotter:

• As the result of an ongoing narcotics investigation Belleville Detectives Guiliano and Capece arrested two men for possession of a controlled dangerous substance Mar. 25.

Christopher Bell, 25, of Passaic and Israel Baez, 22, of Passaic were caught in possession of 8.5 grams of crack cocaine behind the Belleville Motor Lodge.

Baez, was held for on \$10,250 bail and Bell, was held on \$10,000 bail.

They were charged with intent to distribute CDS and possession of CDS.

• Denise Bramlett, 31, of Newark and Laurie Connelly, 28, of Newark were arrested for possession of CDS Mar. 28 on Washington Avenue.

Officers Geyer and Tucci arrested the two women for possession of CDS, drug paraphernalia and being under the influence of CDS.

• Two suspects held up a Franklin Street store Mar. 30.

Two suspects walked into the store and put a shotgun into the small of the back of the store clerk and forced him to open the register, police said.

The second gunman grabbed the cash from the register and then they fled on foot. The amount taken was over \$500, police said.

The first suspect is described as being 5'6, 200 pounds, black, wearing a blue jean jacket and jeans and speaking with a Jamaican accent.

The second suspect is described as being 6', 200 pounds, black, wearing a green Army jacket and a knitted sailor cap, and also speaking with Jamaican accent.

If anyone has any information call Detective William Pallatella of the Belleville Police Detective Division at 450-3353.

Orechio Newspapers names Waldron suburban editor

By Richard Dickon

Orechio Publications & TV has named Natalie Anne Waldron Suburban Editor of Orechio Newspapers.

In her new post Waldron will focus on education and religion in the four newspapers published by Orechio: The Nutley Sun, Bloomfield Life, Belleville Times and Glen Ridge Voice.

Waldron is a graduate of Franklin and Marshall College in Lancaster, Pa., with a major in

both English and Government, where she was the news editor of her college newspaper.

Waldron recently worked as a producer with an NBC-TV program entitled "A Closer Look at Community Life." She also produced the school board debates in the area.

Waldron has held positions at several daily newspapers as a police and fire reporter, a correspondent covering town meetings, local news and courts, and a page-one editor.

Silver Lake hosting Blossomfest '96

Sunday, April 21, will be the day for the third annual Blossomfest street festival of arts and music in Belleville's Silver Lake district.

The business district along Franklin Street will be transformed into a midway of colorful arts and crafts displays, live music and entertainment, and a variety of tasty international foods.

Blossomfest '96 is expected to attract 15,000 visitors between noon and 6 p.m., for this one-day extravaganza of family culture and entertainment, according to event coordinators Jerry Iacangelo and Maria Messina.

Artists and crafters from five states will display and sell their creations.

The Belleville High School Band will kick off the festivities, followed by a presentation of the 1996 Little Miss Blossom. Jazz musicians will play, along with DJ/MC Michael Chieffo, who will once again host the entertainment.

Children can mingle with pet farm animals, ride ponies, bounce

in the Moonwalk, listen to American Folklore, and do S and Art.

The entire family can visit Conrail's "Safety on Rails Theatre" inside a real boxcar and caboose, take a stroll to nearby Branch Brook Park to see the largest display of Blossoms in the United States, or ride the horse and buggy along local streets.

Food will include popcorn, soft pretzels and cotton candy, along with hot dogs, pizza and battered-fried vegetables. More serious fare includes charcoal-broiled London Porter sandwiches, Barbeque beef, pork and lamb, and sausage and cheese-teak sandwiches.

Desserts include soft ice cream, zeppoles, funnel cakes, snow cones, fresh mini-donuts, pastries, coffees and espresso.

Blossomfest '96, sponsored by the Silver Lake Partnership, promises to be an enjoyable day. Admission is free and nearby parking is free. The raindate is Sunday, April 28th. For more information, call 450-1111.

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The Belleville Elks Lodge #1123 have elected their officers for the year of 1996-97. The Elks are very involved in our community in services of drug awareness, youth activities, handicapped children and the veterans hospital. If you would like to know more call our lodge at 759-9623.

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Lecturing Knight: Christopher Vintworth
Loyal Knight: Andrew Hutchinson
Equire: Philip Timpanaro
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Life in Silver Lake *By Marie Strumolo Burke*

Say 'I love you' for Easter and all year

I thought that the following would be apropos for Easter. It has nothing to do with Silver Lake or Belleville, but it has a lot to do with life. I ask that you read it slowly and carefully, try to live by it and make sure that if you are mad at anyone... forget it, make amends and most of all ...tell your loved ones that you love them before it's too late.

In August of last year, I lost a cousin to a fatal heart attack at the age of 56 on his birthday. You couldn't find a better more compassionate, caring, person like him. At his viewing you couldn't get in the door. At the Mass there were at least 150 friends and relatives. You would have thought that he was a celebrity. In the Strumolo family he was a celebrity. Everyone that came in contact with him loved him. I have never heard a harsh word said about him. He was a good husband, not shall I say a wonderful husband to his wonderful wife, Marie (Grazino) Strumolo, a wonderful father of seven children, a brother to four and a grandfather to two ... and a friend to all.

The Strumolo's are a church going family. Gerald's wife Marie has been a choir member in Holy Family for years. What the family has going for them is faith which will carry them through this tough time. God be with all of you.

The following was written and read at Gerald's Mass at Holy Family.

One Man's Smile

(By Alfonso...)

A friend of Gerald's (son)

Who would have thought that one man's smile could have filled your heart with love & warmth;

Who would have thought that one man's smile could have made you forget your problems;

Who would have thought that one man's smile could show so much emotion towards a person;

Who would have thought that one man's smile could show a person that no matter how bad it is, how hard it is, there is always something to smile about;

Who would have thought that one man's smile could make you feel like you were part of the family;

Who would have thought that one man's smile could show forgiveness and affection;

Who would have thought that I never had a chance to tell him I loved him.

His eldest son, Jerry, also read a Eulogy to his father. I will quote some of it: "My father preached to us often that family was the most important thing. "Togetherness, sharing, being there for one another in bad times and good; He had a smile that could light up a whole

room; Although we feel he had many good times ahead of him, and his death was too soon, God felt his job on this earth was done. If that's what God felt, and that's his reason for taking him, then all we can say to him now is 'Job well done, Dad, until we all meet again.

Every year for as long as I remember, Gerald and his family would visit for Easter. When his children were young he could come en masse with his 7 children in tow. Of course, when the kids got older they didn't come as much but you could always count on seeing at least one of them. The 'lucky' one for the past few years was his youngest son, Chris. He always tagged along with his father. I think he had an ulterior motive cause he liked to eat my Pizza Gheina (Meat Pie) Easter Bread, and Sweet Pie. You should have seen my cousin Gerald and Chris chomp away.

Since my cousin Gerald will not be visiting this Easter, I know he is with us. But, Chris, my door is always open to you and your family.

So, dearest cousin, Gerald Strumolo, Charlie and I leave you this remembrance and may you rest in peace. We love you.

In English, we say Happy, Happy Easter to all of my faithful fans. And in Italian ... Buona Pasqua.



EASTER BUNNY AND FRIENDS HUNT FOR EGGS - The Cuozzo family's annual Easter Egg Hunt on Salter Place in Silver Lake invited family and friends find the 400 plastic eggs hidden by hostess Angela Cuozzo-Zarro, helped by her sister Grace Constantino and niece Christie Hahn. The three gave out prizes to those who found the most eggs, with added prizes for everyone. Cupcakes, juice and candies were also on the afternoon's menu. Peter Cotton-Tail made a surprise visit to help hide the eggs, while approximately 30 children and as many adults added the day, where a good time was had by all.

Cook plans campaign breakfast

The committee to Elect William P. Cook, announces that a campaign breakfast will be held on April 28th, beginning at 9:30 a.m. at Bella Casa Caterers on Acme Street.

Cook, a lifelong Belleville resident who has been active in many civic organizations, is seeking a third term as Fourth Ward Councilman in the upcoming elec-

tion, on Tuesday, May 14. Tickets are \$20 each and can be obtained by contacting the ticket chairpersons, Gail Cook at 751-4868 or Harry Woods at 751-7080.

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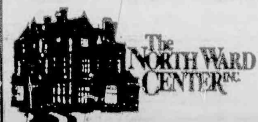
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This program is funded by the National Council on the Aging and the County of Essex.

If you are at least 55 years old and would like to work with young children, please call the Senior Citizen Services Department at the North Ward Center, 201 - 481-0415 for information.



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Anna Hettling, 88

Services will be scheduled for Anna Hettling, 88, of Doylestown, Pa., who died March 21 in her home. Arrangements were by the Leaver-Cable Funeral Home, Buckingham, Pa.

Mrs. Hettling was a housekeeper with a family in Essex Fells for 30 years.

She also was the owner, with her late husband, Carl, of the Hettling Truck Farm, Bloomfield, for 10

years. She was an elder with Montgomery Presbyterian Church, and a member of the Golden Age and Senior Citizens Club, all of Belleville.

Born in Germany, she lived in Belleville before moving to Doylestown six years ago.

Surviving are a daughter, Annellee Plosa; eight grandchildren and 10 great-grandchildren.

Angeline Guglicelli

A Mass for Angeline Guglicelli, 88, of Belleville was offered March 28 in St. Anthony's Church, Belleville, following the funeral

from the Zarro Funeral Home, Bloomfield.

Mrs. Guglicelli, who died March 25 in Clara Maass Medical Center, Belleville, was an assembler with Andrew Jergens Co., Belleville, for 15 years before retiring in 1970.

Born in Crabtree, Pa., she lived in Belleville for 62 years. Surviving are two sons, Roger and Gerald; a daughter, Donna Fabricatore; a brother, Amos Sorice; a sister, Agatha Amy; nine grandchildren and four great-grandchildren.

Raymond Paolino, 71

Services for Raymond Paolino, 71, of Belleville were held Monday in the Silver Lake Baptist Church, Belleville. Arrangements were by the Wilfred Armitage Funeral Home, Kearny.

Mr. Paolino, who died March 28 in St. Michael's Medical Center, Newark, was a chemist with Allied Chemical Company, Haledon, for 18 years, retiring in 1980.

He was a 1947 graduate of Rutgers University, Newark, with a bachelor of science degree in chemistry.

Mr. Paolino served in the Army during World War II.

Born in Kearny, he lived in North Arlington before moving to Belleville eight years ago.

Surviving are his wife, Marie; two sons, Raymond Jr. and Paul; a daughter, Barbara Sinclair; four brothers, Arthur, Anthony, Albert and Mario, and 13 grandchildren.

Obituaries

Helen Lauer, 80

A memorial service for Helen H. Lauer, 80, of the Whiting section of Manchester, was held Saturday in the Community Reformed Church, Whiting. Arrangements were by Carmona-Bolen Home for Funerals, Whiting.

Mrs. Lauer, who died Sunday in Community Medical Center, Toms River, was instrumental in the development of the library at the Belleville Junior High School, where she was a librarian for 20 years before retiring in 1978.

Mrs. Lauer was a graduate of

Trenton State College and earned a master's degree in library science from Columbia University.

She was a member of the Garden Club in Village 7, and a former dispatcher for CARES, both of Whiting, and the New Jersey Education Association.

Born in Hopewell, she lived in Belleville before moving to Whiting 12 years ago.

Surviving are her husband Arthur; two daughters, Linda Scaperotta and Sharon, and two grandchildren.

Mary Marzulli, 89

A Mass for Mary Marzulli, 89, of Smithville was offered March 28 in St. Francis Xavier Church, Newark. The funeral was from the Megaro Memorial Home, Belleville.

Mrs. Marzulli died March 25 in

the Atlantic City Hospital, Pomona. Born in Elizabeth, she lived in Newark and Belleville before moving to Smithville eight years ago.

Surviving are a brother, Rocco, and two sisters, Adeline Doran and Helen Cole.

Josephine Stark, 88

Services for Josephine F. Stark, 88, of Newark were held Friday in the Paul A. McDonough Funeral Home, Newark.

Mrs. Stark died March 25 in Clara Maass Medical Center, Belleville.

She was a production worker at the Drake Baker, Irvington, for 25

years before retiring in 1972. Born in Niagara Falls, N.Y., Mrs. Stark lived in Belleville before moving to Newark in 1941.

Surviving are a daughter, Della May Ford; a brother, Joseph Urna; two grandchildren and a great-grandchild.

Charles Adelmann, 82

Charles Adelmann, 82, a lifelong resident of Belleville, died March 28 in his home.

Services were held Saturday in the Kiernan Funeral Home, Belleville.

Mr. Adelmann was a shipping clerk with AT&T Corp., Nutley, for 25 years before retiring in 1978.

He served in the Navy during World War II.

Surviving are his wife, Theresa; a son, Charles F.; a stepson, Herb Bachmann; three sisters, Ethel Leonard, Frances Rettwegger and Mildred D'Amore; two brothers, Frederick and George, and a grandchild.

NOTICE

NOTICE is hereby given that the Municipal Council of the Township of Belleville, New Jersey, at a meeting held on March 26, 1996 in the Municipal Building, did adopt Ordinance No. 2695 entitled: "Ordinance Providing for a 'Cap' Ordinance to Exceed Index Rate Pursuant to P.L. 1986, c. 203"

Mary Lou Hood, Municipal Clerk
Belleville Times
April 4, 1996
Fee: \$9.61

No. B96-228

NOTICE

NOTICE is hereby given that the Municipal Council of the Township of Belleville, New Jersey, at a meeting held on March 26, 1996 in the Municipal Building, did adopt Ordinance No. 2696 entitled: "An Ordinance to Amend the Revised General Ordinances of the Township of Belleville, Chapter 8-16, 'Handicapped Reserved Spaces'."

Mary Lou Hood, Municipal Clerk
Belleville Times
April 4, 1996
Fee: \$10.54

No. B96-227

Anna Mulligan, 100

Anna Mulligan, 100, of Towaco, a founding member of the Belleville Senior Citizens, died March 27 in her home.

A Mass was offered Saturday in the Holy Spirit Church, Pequannock, following the funeral

service from the Keri Memorial Home, Lincoln Park.

Born in Newark, she lived in Belleville before moving to Towaco seven years ago.

Surviving are a son, Edward, and four grandchildren.

Lucy Vecchione, 72

Lucy Vecchione, 72, of Belleville died March 28 in Clara Maass Medical Center, Belleville.

A Mass was offered Saturday in St. Lucy's Church, Newark. The funeral was from the Megaro Memorial Home, Belleville.

Mrs. Vecchione was a member of the Belleville Italian American Civic Association and the Belleville Seniors Tuesday and Friday Clubs. She also was a member of the Essex County Seniors

Monday Club and St. Gerard Ladies Guild, both in Newark.

Born in Newark, she lived in Belleville for many years.

Surviving are her husband, Adolph; two daughters, Lucille Albanese and Linda Marie; two brothers, Louis and Anthony Napolitano; three sisters, Mary Rizzitello, Josephine Napolitano and Ida Tucci, and three grandchildren.

Stella Draghi, 82

A Mass for Stella Draghi, 82 of Belleville was offered yesterday in Holy Family Church, Nutley, following the funeral from the S.W. Brown & Son Funeral Home, Nutley.

Mrs. Draghi died March 30 in Clara Maass Medical Center, Belleville.

She was a member of the

Belleville Senior Citizens and the American Life League of New Jersey.

Born in Trenton, Mrs. Draghi lived in Bloomfield before moving to Belleville in 1942.

Surviving are a son, William; seven grandchildren and two great-grandchildren.

Parents help out at School #3

In recent months, parents have contributed to the kindergarten curriculum at School No. 3.

Welcomed by Mrs. Saulino, principal, and Ms. Kirk, kindergarten teacher, they brought valuable information into the classroom.

On Jan. 29, Det. Giuliano, parent of Lauren, visited in order to discuss safety with the children; and, he plans to return in the future. On Jan. 31, Mrs. Cozzarelli, parent

of Becky, volunteered her time and lots of oranges for the children to make fresh-squeezed orange juice. Mrs. Cozzarelli, a nurse, will return in June to discuss summer safety.

On Feb. 5, Mrs. Perez, parent of Michael, visited to discuss dental care. Mrs. Perez is a dental assistant and brought "hand-outs" for the children. Also, Mr. Tom, parent of Derik, visited on Feb. 16 in order to discuss the Chinese New Year.

College to host art competition

Congressman Bill Martini, R-8, has announced the Eighth Congressional District's local sponsorship of "An Artistic Discovery," the nationwide congressional high school art competition.

Martini has invited all high schools within the district, which includes Belleville, Bloomfield, and Nutley, to select the art work of two students in grades 9 through 12 who will represent their school in the local competition.

The paintings, drawings, collages and prints culled from the 21 different communities in Essex and Passaic counties will be on exhibit at Bloomfield College's Westminster Art Gallery from Wednesday, April 10, through Friday, April 19. The gallery is located in the Westminster Arts Center on Fremont Street, Bloomfield.

The exhibit will conclude with a reception and award ceremony on Friday, April 19, from 6 p.m. to 8 p.m., when a panel of judges will announce the "Best of Show."

The work of art will travel to Washington, D.C., where it will be on display in the U.S. Capitol, along with art work of high

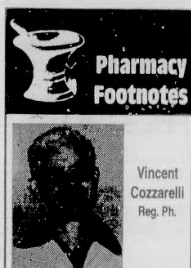
school students throughout the nation. The public is invited to the reception.

"An Artistic Discovery" not only offers an opportunity to foster the talents of young artists, but it also showcases the rich and diverse artistic skills of American high school students," Martini said. "We have many very talented students in the Eighth District, and I am sure the competition will be intense."

"The Bloomfield College community looks forward to welcoming these young artists to our campus and showcasing their work in our gallery," said Bloomfield College President John Neopm. "The arts play an integral role in the education of our students and in campus life, so it is fitting to stage 'An Artistic Discovery' at a Bloomfield College."

The Westminster Art Gallery is open Monday through Thursday, 1 p.m. to 5 p.m.; Friday, 11 a.m. to 2 p.m.; and by appointment. Ample free parking is available.

For more information on the exhibition and the Westminster Art Gallery, call Lisa Farace at 748-9000, extension 343.



Pharmacy Footnotes

Vincent Cozzarelli Reg. Ph.

NEW TREATMENT FOR STROKE

Each year, an estimated half million Americans suffer strokes, 140,000 of whom die. Until now, therapy for this leading cause of serious disability in the U.S. has been centered around prevention or rehabilitation. However, a new study involving a clot-busting medication shows great promise in preventing much of the brain damage and disability that comes after stroke. This may well lead to a revolutionary change in the way that stroke will be treated in the future. According to the study, which was conducted by the National Institute of Neurological Disorders and Stroke, patients who were given tissue plasminogen activator (t-PA) within three hours of the onset of symptoms recovered much better than those who were not treated and did not receive clot-busting drug. Three months following their treatment, those who received t-PA had fewer signs of permanent brain damage, including paralysis.

For all your prescription medication needs, see us at ROSSMORE PHARMACY, 138 Washington Avenue (759-1008, 759-1050). "Your Doctor Knows Us—Your Doctor Trusts Us." We are Medicare and Blue Cross approved. Last minute gifts, greeting cards, and Russell Silver candles are available for Easter. Open: 9am-10pm daily, 9am-5pm Sundays. We hope you have a very happy Easter.

HINT: Treatment of stroke with t-PA carries some risk (6.4% of those treated in the study vs. 0.6% of those not treated with t-PA) of brain hemorrhaging.

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667-5440

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All Ages

10:00am Morning Worship

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Thursday 7:30pm

Revelation Knowledge Seminar

(Pastor Bruno teaching)

667-4329

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Principal Service with Choirs

10:15AM (in the Sanctuary)

Adult Bible Class

9:15AM

Church School

10:15AM

Fellowship Hour

11:15AM

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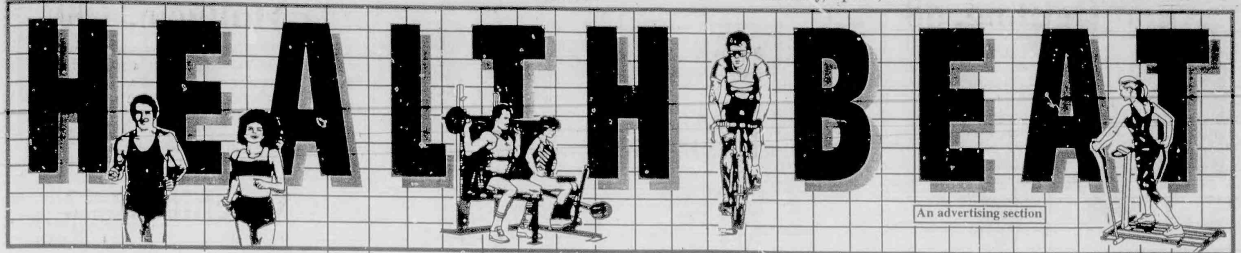
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Dr. Robert Ruffalo — Always ready to lend a hand

Time is a very precious commodity. Giving of one's self is even more rare these days. With our rushed lives, struggling to get through each day, it's hard to imagine helping others as well.

As a chiropractor and physical therapist at A T.E.A.M. Chiropractic & Physical Therapy Center in Bloomfield, Dr. Robert Ruffalo's primary objective is to help his patients improve their physical well-being. His office is one-of-a-kind since it offers both services under one roof. He is committed to helping people feel better.

"Bloomfield is a great town with a lot of opportunities. I feel honored to have my practice and home in Bloomfield," said Dr. Ruffalo.

Dr. Ruffalo was born and raised in Bloomfield. He attended Bloomfield High School and was involved in the wrestling team. After suffering an injury from wrestling, he was treated by a local chiropractic physician and became interested in the field of physical therapy and chiropractic care.

"I call my treatment approach manual therapy, a technique which helps patients regain their function through the use of my hands," commented Dr. Ruffalo.

"My goal is to help my patients recover from pain and injury as quickly as possible. Exercise is the key needed to unlock the door to success," exclaimed Dr. Ruffalo, and that is what A T.E.A.M. Approach offers — therapeutic exercise and manual therapy.

In addition to his profession, which is dedicated to helping people, Dr. Ruffalo is involved in several local organizations. He served as an officer in the Lions Club for two years. As vice president, he helped organize "White Cane Week," dedicated to the blind. As a member of the National Federation for the Blind, Robert continues to raise donations throughout the year. His involvement is inspired by his personal experience with family members who are blind.

"We were raised with motivation to achieve high goals and inspire others in the process. When you challenge yourself, you challenge others along with you," reflected Dr. Ruffalo.



Dr. Robert Ruffalo

Currently, Dr. Ruffalo gives lectures to local organizations on stress management. He is co-founder of Rehabilitation Education, Inc., a national seminar organization which offers lectures to other physical therapists, physicians and chiropractors. In the past, he held classes in the Bloomfield Adult School on stress management as well.

"I enjoy treating people who work and live in our community, such as the Police Department, the Fire Department, and other local residents and business associates who have become my patients," stated Dr. Ruffalo.

Continuing to help others, Dr. Ruffalo and the Blood Center of New Jersey are sponsoring a blood drive at his practice, A T.E.A.M. Approach Chiropractic & Physical Therapy Center, located at 265 Broad Street in Bloomfield.

A bloodmobile will be present on Saturday, April 13 from 10 a.m. to 3 p.m. Dr. Ruffalo is asking for donations to help raise the community blood level after suffering from such a harsh winter.

For those who cannot donate blood but would like to show support, Dr. Ruffalo will be offering information on stretching exercises, correct footwear for athletic activities, proper nutrition and how to monitor your heart rate.

For more information on the blood drive on April 13 and how to register your name, please call A T.E.A.M. Approach Chiropractic & Physical Therapy Center at 429-3001.

Lifeline offers CPR course

Lifeline CPR & First Aid Instructional Services will be offering a Community CPR course on Wednesday April 10th, and Thursday April 11, at the Civic Center, 84 Broad Street, Bloomfield.

The course will include instruction in adult, child, and infant CPR, Rescue Breathing, and Heimlich Maneuver.

Additional topics to be covered include Prudent Heart Living, Signs and Symptoms of a Heart Attack, and How to Activate the Emergency Medical System.

This Course is ideal for parents,

grandparents, babysitters, daycare providers, life guards (who must recertify each year) and members of the general public who are interested in learning how to help a victim in a life-threatening situation.

The cost of this course is \$35 per person (\$50 per couple) and includes a textbook and course completion certificate, upon successful completion of a practical exam.

To register for this course, or for more information on this or other courses offered by Lifeline, please call Robert West at 338-1890.

health hints

FACTS FROM EXPERTS AT THE AMERICAN PODIATRIC MEDICAL ASSOCIATION

Help For A Growing Foot Problem

(NAPS)—Your feet, it seems have some nerve. Actually they have several, and sometimes a nerve in the foot may become irritated and enlarged because of the pressure of foot bones rubbing against it. This can cause a painful problem called neuroma.

Fortunately, your podiatrist is prepared to help you deal with neuroma, because no foot pain is natural.

Sometimes the pressure comes from abnormal bone structure or ill-fitting shoes. The enlargement, or growth, frequently occurs between the toes, especially the third and fourth toes. The pain can be felt in the ball of the foot and there is sometimes numbness between the toes.

Properly-fitted shoes will help prevent and relieve this problem. Treatment may also include orthotic devices and cortisone injections. The nerve growth can be removed surgically if pain persists.

You can help your podiatrist protect your foot from neuroma and other foot problems with proper care. Good foot care practices emphasize:



When a nerve in the foot becomes enlarged and irritated, you may experience pain in the ball of your foot. Fortunately, your podiatrist can help relieve it.

1. Regular foot hygiene.
2. Proper shoes, socks and stockings.
3. Exercise.
4. Proper rest.
5. Periodic self-inspections.
6. Professional care.

These six steps can help keep you stepping out without pain. You can obtain further information on foot problems by telephoning 1-800-FOOT-CARE (366-8227).

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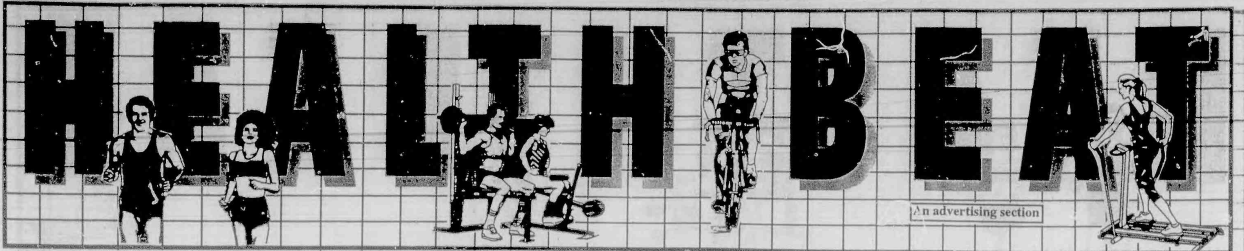
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Columbus Hospital launches program aimed at reducing cesareans

Columbus Hospital in Newark has launched a patient education aimed at reducing the number of cesarean sections.

The program was launched in 1995, when hospital staff and physicians became concerned with the number of cesareans. OB/GYN physicians, in conjunction with maternal child health nurses, dietitians and patient education staff developed a multi-disciplinary approach to reduce the number of cesarean sections. They developed a "Childbirth After Cesarean Class" aimed at motivating women to have VBAC's (vaginal birth after cesarean).

Vaginal births for women who have had previous cesarean births are becoming more common as doctors and parents question the necessity of routine elective cesareans. However, many women, due to lack of knowledge on the subject are concerned about having a vaginal birth after cesarean.

"The childbirth After Cesarean class we have implemented here at Columbus Hospital will help alleviate these women's fears about the procedure," said Laura La Barbera, R.N., director of maternal/child health services.

"The goal of this program is to increase knowledge, promote the benefits and reduce the fear of attempting a vaginal delivery after having had a previous c-section," said La Barbera. "Women who participate in this class will realize that the benefits of a VBAC will outweigh the risks."

The New Jersey Hospital Association Committee on


Cesarean Section Education, comprised of obstetricians and other care givers from around the state, concluded that "women must realize that a c-section is a major operation with major risks such as increased chance of bleeding, infection, even death. A c-section should never be performed as a matter of convenience."

"Studies show that infant mortality with VBAC's is lower than the overall infant mortality rate. Time in the hospital, recovery period, post-partum pain and financial costs are reduced with vaginal birth. These factors should be taken into consideration when making the decision to have a vaginal birth," noted La Barbera.

The Childbirth After Cesarean class includes a needs assessment, reasons for c-sections, effects of labor on fetus, guidelines for VBAC's, benefits and risks of VBAC's and repeat c-section, procedures in labor, a discussion of the father's significant other's commitment and ability to provide labor support, and possible c-section preventative measures, including nutrition, positive positions in labor, exercise, and psychological factors affecting the progress of labor. The class consists of a group session, discussion, a film, posters and handouts.

The Childbirth After Cesarean classes are held bi-monthly, in the evening, at the hospital.

The following is a schedule of classes for the year: May 2; June 20; July 25; Sept. 3 and Nov. 14. For more information, or to register for the class, please call 268-1526.



Nutrition On-line

By Michael A. DeAngelis

A feature of The Nutley Sun, Belleville Times, Bloomfield Life and Glen Ridge Voice

Nutrition has been linked to many of the most common illness and causes of death.

The link between nutrition and heart disease, hypertension, stroke, and type II diabetes is being supported by more and more research.

In our attempt to remain healthy or catch any problems early on, we often visit our physicians for a complete check-up. Have you ever wondered what you should ask the doctor when test results return or when your check-up is complete?

Here are a few results you may want to know and the conditions they will indicate:

*Blood pressure: This is a good indicator of hypertension and even atherosclerosis or hardening of the arteries. If your blood pressure is high (over 120/80) than you may have hypertension or atherosclerosis.

*Blood glucose: This test will indicate if you are developing diabetes or a glucose intolerance. The normal range is 70-110 mg/dl.

*Cholesterol: Elevated cholesterol is a good indicator of the potential for heart disease. High

cholesterol in the blood can lead to blockages which can lead to heart attacks. The normal range for an adult is less than 200 mg/dl. Knowing the "good" (HDL) and "bad" (LDL) cholesterol levels helps you understand the total cholesterol number.

*Triglycerides: This is another test of the amount of fat in the blood and can indicate a risk for heart disease. The normal range is 40-150 mg/dl.

Many of the normal values above may be higher in older Americans due to physiological changes in the body. These values would include blood pressure, cholesterol, and triglycerides.

The units of measure (mg/dl) stand for milligrams per deciliter and are really of no consequence to the patient.

These lab values are important for you to know since these conditions can be treated effectively with nutrition counseling.

Visiting the doctor can afford you time to learn about yourself. Ask for your test results and make dietary changes that are necessary so you can be a healthier you!

Look to Family History To Help Reduce Your Risk

(NU) - Cardiovascular diseases — namely heart attack and stroke — kill more Americans than any other disease every year. However, many people continue to underestimate their risk for these deadly diseases and are unaware that family medical history plays a crucial role in determining future risk.

February is American Heart Month — the ideal time to see your physician and take the first step towards reducing your risk.

A recent Gallup poll by The Beyer Company found that one in two Americans age 35-65 has a family history of heart disease or stroke, placing them at a potentially tenfold higher risk for these diseases. Alarmingly, one third of those with a family history didn't believe they were at risk for heart attack or stroke — meaning that an estimated 40 million Americans are at risk for these diseases and don't even realize it.

While you can't change your family history, you can control other risk factors by modifying your lifestyle. Research has proven that making positive lifestyle changes — like quitting smoking, eating a low-fat diet, exercising and controlling blood pressure — can significantly lower an individual's risk for a heart attack or stroke, despite having a family history of these diseases.

According to the American Heart Association, if someone who smokes a pack or more of cigarettes a day quits smoking, in three years his or her risk of death from heart disease or stroke will be virtually the same as someone who never smoked. Research also shows that people who exercise have a 45 percent lower risk of cardiovascular

disease than those who don't exercise. When you see your physician, tell him or her about your family history, current diet and exercise regimen, allergies, recent illnesses, any changes in your health and medications you're currently taking.

Based on your current health and medical history, your physician may recommend several lifestyle changes. Many doctors also prescribe aspirin for patients who have had a heart attack or stroke.

Studies have shown that an aspirin regimen, along with healthy lifestyle changes, can reduce the risk of recurrent heart attack and stroke. Ongoing research also is exploring aspirin's value in the prevention of both first and evolving heart attacks.

A common misconception about aspirin is that it causes stomach upset in many people. But in reality, only two to six percent of the population actually suffers stomach upset from aspirin. For those individuals, doctors often recommend an enteric or safety-coated version. This formula allows the aspirin to bypass the stomach and dissolve predictably in the small intestine.

Knowing your risks could have a vital impact on you and your family's future cardiovascular health. The American Heart Association and The Beyer Company have developed a free guide to help you track your lifestyle health, learn and evaluate your overall risk. To obtain your free guide, write to: "Getting to the Heart of the Family: Know Your Risk for Heart Disease and Stroke," c/o The Beyer Company, P.O. Box 1088, Grand Rapids, MN, 55745-1088 or call 1-800-332-2253.

Fitness Center enrolling kids for classes

Enrolling now at the Fitness Center for Women only in Bloomfield.

Registration is now under way for Kids Fitness at the Fitness Center for Women Only. Hosting playtime pals (ages 2-3 years) on Thursday and Friday Mornings from 10:30 a.m. to 11:15 a.m.; kicks for kids (ages 4-6 years)

Wednesday 11:30-12:15 and Friday 12:00-12:45; sports for squirts (ages 4-6 years) Monday 12:30-1:15 and Tuesday 3:30-4:15 p.m.

This program runs 10 weeks for \$99 for each session.

April 8th classes begin for more information, please call the Fitness Center at 429-2808.

Female volunteers sought for research study

Volunteers are currently being sought to participate in a clinical study comparing two medications for the treatment of vaginal yeast infections (vulvovaginal candidiasis).

Essex Testing Clinic, Inc., located in Verona, is conducting the study under the medical direction of Dr. Sofia Anthony, M.D., who must qualify all patients before enrollment.

Three out of four adult women experience at least one episode of vulvovaginal candidiasis during their lifetime, and 40% to 50% of these women suffer a second episode.

Women, 18 years of age or older, experiencing vaginal itching, burning or irritation, may be qualified to participate. Women with any of these symptoms may be eligible to enroll into the study which provides for free medical explanations, laboratory tests and study treatment drug. Patients will also be given financial compensation (up to \$75) for their time and travel.

As part of the study, all patients will receive seven days of treatment, and must make three visits to Essex Testing Clinic, on day one to qualify, again approximately eight days after treatment and again approximately 30 days after treatment. At these visits, patients will be given a pelvic examination, which will include microscopic laboratory tests to verify diagnosis and treatment success.

Essex Testing Clinic is one of the leading clinical testing laboratories worldwide in the areas of pharmaceuticals, cosmetics and toiletries. Dr. Anthony has extensive background in clinical investigation and is the director of Mountaineer Family Practice Residency Training Program, which is sponsored by Mountaineer Hospital in Monclair.

Both organizations are located at 799 Bloomfield Ave., Verona, where all medical examinations will take place. Women who think they might have vulvovaginal candidiasis and are interested in learning more about this study should contact Jo Anne at Essex Testing Clinic at 857-9248.

If you are suffering from signs and symptoms of a Vaginal Yeast Infection

You may qualify to participate in a medical research study comparing two medications

Qualified patients will receive a free physical exam, free laboratory tests, free study medication, and monetary compensation (up to \$75.00) for their time and travel.

For a confidential interview, please call JoAnne @ (201) 857-9248

Essex Testing Clinic, Inc.
799 Bloomfield Avenue
Verona, NJ 07044



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Fighting Heart Disease and Stroke

NEWS OF NUTRITION

Good Cookies Can Be Good For You

(NAPS) — Here's some sweet news: You can have your cookies and eat them, too — without the guilt.

Local stores now carry cookies that can play a useful part in a balanced diet.

For example, Archway has introduced a new line of fat-free, no-cholesterol cookies. There are six different varieties: Fat Free Apple Buns, Fat Free Fig Bars, Fat Free Fruit Bars, Fat Free Granola, Fat Free Oatmeal Raisin and Fat Free Oatmeal Raspberry.

In addition, these delicious treats are made with real fruit, such as apples, figs, and raisins. They are also made with wholesome grains like oats, wheat, and rice that contribute complex carbohydrates to a good balanced diet. Grain and grain products are the foundation of nutritious eating habits. Complex carbohydrates are a good source of energy. Shoppers say these cookies are fresher too, because they stay on store shelves for a shorter time than many other brands. What's more, they are made with the finest quality ingredients money can buy.

Other ways to have a balanced diet include:

- Use herbs, spices, lemon and other natural seasonings in place of salt.

- Try water or fruit juice



You can keep cookies in your diet and still have a healthy lifestyle.

instead of carbonated beverages.

- Add chopped dried or fresh fruit to cereal instead of sugar.

- Drink skim milk. To make the transition easier, try mixing skim with whole milk in increasing amounts.

- Skim all fat off meat fryings before making gravy.

- Broil and bake instead of frying foods whenever you can.

- Reduce the amount of meat you eat. Try casseroles as a way of doing this.

- Use egg whites instead of whole eggs.

- Keep these ideas in mind — and fat-free cookies in the cupboard — and you may find the idea of healthy eating a lot easier to swallow.

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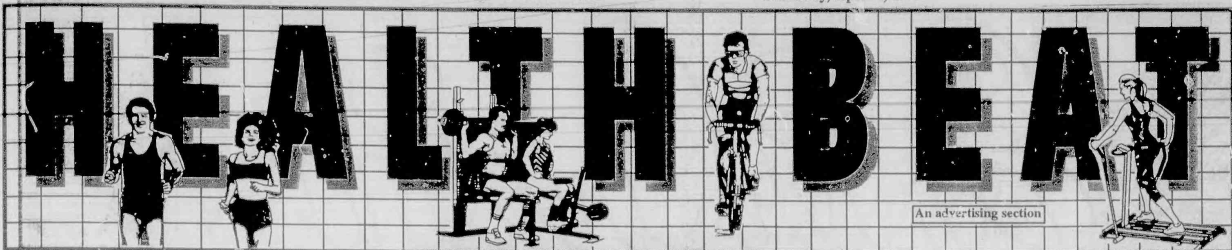
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Mountainside Hospital of the Atlantic Health System teams with CINJ

The Cancer Institute of New Jersey (CINJ) has announced that the Atlantic Health System hospitals—Mountainside in Montclair, Overlook in Summit, and Morristown Memorial—have joined with CINJ, doubling the number of CINJ partners in northern New Jersey.

Atlantic Health System is one of the largest health care networks in the state.

"With the formation of the Atlantic Health System, we promised our communities to provide the best possible health care in today's environment," said Richard P. Oths, Atlantic's president and chief executive officer. "Now, by joining forces with The Cancer Institute of New Jersey, we are making these services of the Atlantic Health System even more beneficial to the residents of north-central and northwest New Jersey."

Opening its doors in 1993, the Cancer Institute of New Jersey has become a statewide cancer research and patient care network. Through its partners and affiliates across the state, CINJ offers New Jersey residents world-class clinical trials and access to nationally known cancer specialists, close to home. These programs offer the most advanced treatment in breast cancer, bone marrow transplantation, gastrointestinal, genitourinary, gynecological, and head and neck cancer, leukemia/lymphoma, melanoma, sarcoma, and pediatrics.

"The physicians of Atlantic Health System have a strong and well-earned reputation of giving their patients excellent cancer care," said William N. Hait, M.D., Ph.D., director of the Cancer Institute of New Jersey. "The Cancer Institute of New Jersey is proud to have the opportunity to work with these skilled professionals to provide the residents of New Jersey with the most innovative discoveries in the treatment and prevention of cancer."

Atlantic has 2,000 physicians, 2,700 nurses, 7,000 other health care professionals, 4,880 auxiliaries and volunteers, and 249 medical/dental residents in graduate medical education programs.

"Our patients will greatly benefit from the combination of Atlantic's outstanding in-house cancer diagnostic and treatment services, and the high quality, innovative research and therapies available through CINJ," continued Oths.

The Cancer Institute of New Jersey, which is currently constructing a 75,000 square-foot research and patient care facility in New Brunswick, is the recipient of a planning grant from the National Cancer Institute (NCI) and is working toward designation as the only NCI comprehensive cancer care center in the state.

"For many patients who have exhausted conventional cancer treatment, the only hope is experimental therapy," continued Hait. "Today's announcement expands those boundaries of hope."

The Cancer Institute of New Jersey is one of only twelve planning sites nationwide chosen by the NCI for the development of an NCI-designated comprehensive cancer center. The Cancer Institute of New Jersey, established in 1990, is a partnership of Hackensack University Medical Center, Morristown Memorial Hospital, New Brunswick Affiliated Hospitals, Robert Wood Johnson University Hospital, St. Peter's Medical Center, UMDNJ-Robert Wood Johnson Medical School and University of Medicine and Dentistry of New Jersey. CINJ affiliates are Jersey Shore Medical Center, Monmouth Medical Center, Mountainside Hospital, Overlook Hospital, Robert Wood Johnson University Hospital at Hamilton, and Southern Ocean County Hospital. UMDNJ-New Jersey Medical School is an academic affiliate.



Mountainside Hospital teams with the Cancer Institute of New Jersey. Standing (left to right): Robert A. Silver, senior vice president and general manager of Mountainside Hospital; Michael Sniffen, executive vice president and chief operating officer of Atlantic Health System; seated (left to right): William N. Hait, M.D., Ph.D., director of the Cancer Institute of New Jersey; and Richard P. Oths, president and chief executive officer of Atlantic Health System.

The birth center difference: A wellness model of birth

The controversy over the early discharge of postpartum women from hospital care has made headlines recently.

Birth centers have had a successful policy of early discharge since they were created. Why are birth centers different?

"The birth center difference is based in its philosophy of care," said Dianne Moore, CNM, PhD, MPH, director of the Birth Center at The Beth in Newark.

"Birth centers are successful with early discharge because they provide families with intensive education and time-intensive prenatal care. Birth center professionals take the time to teach mothers to care for themselves and their newborns, thus creating parents who are confident enough in their own knowledge of their baby to identify potential concerns," she said.

During "National Birth Center Week" (April 1-7), the Birth Center at The Beth urges all citizens to participate in its activities and become better acquainted with the services offered by birth centers and midwives and the contributions that they have made to American families.

Today, there are 135 birth centers nationwide and approximately 105 are currently in the development process. Birth centers are typically a home-like facility, existing within a healthcare system with a

program of care designed in the wellness model of pregnancy and birth. They are guided by principles of prevention, sensitivity, safety, appropriate medical intervention and cost effectiveness.

The Birth Center at The Beth has been committed to providing family-centered care for healthy women before, during and after normal pregnancy and birth.

"Our Certified Nurse Midwives instill confidence in a woman in her own ability to give birth," continued Dr. Moore. "A friend and counselor throughout the pregnancy cycle, a mother's personal midwife creates a caring and supportive atmosphere."

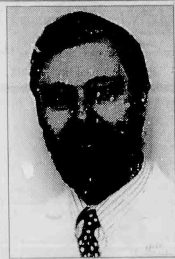
CNMs at the Birth Center are registered nurses who have advanced training in midwifery, are licensed by the New Jersey Board of Examiners and certified by the American College of Nurse Midwives. Each CNM at the Birth Center is committed to providing one-on-one personal care, offering a warm, positive alternative to the sterile, pathologically oriented obstetrical units in medical facilities.

The Birth Center at The Beth, Inc., is a 501(c)(3), not-for-profit, licensed, freestanding birth center staffed by certified nurse midwives and founded on a non-interventive philosophy towards childbirth. For information on the Birth Center at The Beth, or to register for open house every Tuesday night at 7 p.m., call 1-800-THE-BETH.

All

That Nerve

Pain and Headache Center of North Central Neurology



By Sylvain Junger, M.D.

Fibromyalgia — Part 1

Julie developed persistent neck pain after she was involved in what appeared at the time to be a minor fender bender. She visited her family physician who prescribed a pain killer. Her discomfort progressed and spread to her upper and lower back. She also felt tight all the time. Julie was referred to a specialist who sent her for therapy and prescribed stronger pain killers.

The next 18 months were a living nightmare for Julie who spent countless hours in doctors' offices. Invariably, she left their offices with a sense of despair that she needed to learn how to live with the pain. As the pain became more debilitating, she became progressively withdrawn from friends and family.

Julie, however, would not accept that "this was all in her head," and at a friend's suggestion, visited the Pain and Headache Center of North Central Neurology, located in Belleville. She was diagnosed with "Fibromyalgia" and began to regain control over her life.

Fibromyalgia, sometimes also called myofascial pain syndrome, is a chronic condition characterized by generalized pain and stiffness, and tender spots in the muscles and joints, called trigger points. Another prominent feature of Fibromyalgia is fatigue and disturbed sleep.

Fibromyalgia can result from trauma as in Julie's case, chronic infections such as Lyme Disease and other major stresses to the system such as surgery. Thousands of people are estimated to be affected by this condition in New Jersey. Fibromyalgia is as yet poorly understood, but recent medical research has found an imbalance of chemical substances found in the brain called neurotransmitters, suggesting a neurologic basis for this condition. As yet, no reliable medical test exists which may explain in part the reluctance of the medical profession to recognize and treat this condition.

The next issue of "All That Nerve" will discuss treatment options available to individuals suffering from Fibromyalgia.



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For a free brochure about our Chest Pain Center or the name of a Mountainside physician, call 1-800-MD-584-8438 (1-800-487-5272).

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Events in the area

Meetings...

Bloomfield Columbiettes, K of C Council, 190 State St. Upcoming events: noon to 4 p.m. April 20, Tricky Tray. \$10 includes light lunch; Canadian pilgrimage, Aug. 5-10. \$350. Day trip to Amish country, Pa., Oct. 19. \$45. For info, call Rose Ruffalo at 743-8688.

Monday Night Writers, 8 to 9:30 p.m. April 8, Starbucks, 572 Valley Road, Upper Montclair. All writers of poetry, fiction, articles welcome.

Stuart E. Edgar Auxiliary, VFW Post 493, Nutley, 8 p.m. April 9, post home, 271 Washington Ave. Membership open. Write to the auxiliary at 376 Chestnut St., Nutley, NJ 07110. Election of officers.

Nutley Family Service Bureau Women's Auxiliary open meeting, 7:30 p.m. April 10, community room, Valley National Bank, Franklin Ave. Tony Rullis of Richard's Florist will demonstrate flower care and arranging. All welcome.

Open meeting, Nutley Family Service Bureau Auxiliary, 7:30 p.m. April 10, community room, Valley National Bank, Franklin Ave. All welcome.

Nutley AARP, 1 p.m. April 11, Parks and Rec building, 44 Park Ave. Speaker from Oxford Insurance Plan. Coming up: May 2: installation luncheon, noon to 4 p.m., Fairmont, Little Falls. \$11 per person must be paid at April 11 meeting; June 19: trip to Trump Castle. \$36 includes luncheon voucher, coin return, Dick Clark's 20 Years on TV show. Payment by May 9 meeting; Sept. 18: trip to Hyde Park. \$61 includes Samuel Morse Museum, lunch at Culinary Institute and Roosevelt Mansion. Must be paid by June 11 meeting; Aug. 4-10, Maine Seacoast Tour, \$905-\$975 per person, double occupancy. For info, call Dorothy Scatella or 235-0886 or William Meola at 667-6348.

Belleville Irish American Society, 7:30 p.m. April 24, Knights of Columbus, 93 Bridge St. New members welcome.

Tri-County Camera Club, 8 p.m. Tuesdays, Nutley Historical Museum, 65 Church St. For info, call 667-0325 or 751-6795.

Catholic Daughters of the Americas, Court Gratia, 8 p.m. first Monday, St. Mary's School Hall, Msgr. Owens Place, Nutley. Social third Monday.

Woman's Club of Belleville, 7:30 p.m. second Mondays, clubhouse, 51 Rossmore Place.

St. Peter's Rosary Society, 7:30 p.m. first Monday after first Sunday, St. Peter's School cafeteria. All women of the parish invited.

Essex County Federation of Sportsmen's Club, 8:30 p.m. first Tuesdays, Bloomfield Civic Center, 84 Broad St.

Belleville Kiwanis Club, 6:30 p.m. Thursdays, Gondola Restaurant, Franklin Ave., Nutley. Call Nino Bucciarelli at 751-2110 or Vince Sorrentino at 759-6475 for info.

Bloomfield High School Alumni Association, 7:30 p.m. third Wednesdays, Bloomfield Civic Center, 84 Broad St.

Bloomfield Kiwanis Club, noon Thursdays, Bloomfield College Student Center, Liberty St. For information, call Dr. Carl J. Schopfer, M.D., at 743-7777.

Nutley Amvet Auxiliary Post #30, 6:30 p.m. first Tuesdays except July and August, Amvet post, 184 Park Ave.

Montclair Camera Guild, 8 p.m. second and fourth Thursdays, United Methodist Church, 24 North Fullerton Ave., Montclair. For info, call Joan at 743-7020 or Karen at 783-3619.

Monday Night Writers, 8 to 9:30 p.m. second Mondays, Starbucks, 572 Valley Road, Upper Montclair. All writers of poetry, fiction, articles welcome. Share your work with other local artists.

Nutley Junior Women's Club, 8 p.m. first Mondays except July and August, Vreeland House, 216 Chestnut St. (next to police station). Membership open 18 to 40. For info, call 667-3899.

Belleville Rotary Club, noon, Wednesdays, Clara Maass Medical Center Founders Room. Call Frank Cozzarelli at 751-404 for information.

Fairs, flea markets, rummage...

Rummage sale, 7 to 9 p.m. April 11, 10 a.m. to 2 p.m. April 12, Bethany Lutheran Church, Joralemon and New streets, Belleville.

Rummage sale, 9:30 a.m. to 2 p.m. April 12, Wesley United Methodist Church, 225 Washington Ave., Belleville. Household items, like new clothing, toys, etc.

Rummage sale, 6 to 9 p.m. April 12, 10 a.m. to 2 p.m. April 13, Glen Ridge Congregational Church, 195 Ridgewood Ave. (corner of Clark). Refreshments available.

Rummage sale, 9 a.m. to 3 p.m. April 27, St. Paul's Congregational Church, Franklin Ave. (bet. High and Kingsland), Nutley.

Flea market and craft show, 9 a.m. to 5 p.m. April 14, Belleville High School, 100 Passaic Ave. (off Joralemon St.) Over 100 vendors. Fundraiser for senior class.

Fundraisers...

Lunch with the Easter bunny, 11 a.m. to 1 p.m. April 6, Parks and Rec building, 44 Park Ave., Nutley. Hot dog, chips, juice, snack and lots of fun. \$5. For tickets, call Karen at 284-1369 or Carol at 667-6323. Sponsored by Project Graduation.

Murder at the Mansion, April 12, May 10, June 21, Oakeside Bloomfield Cultural Center, 240 Belleville Ave. Buffet, dancing, "murderous intrigue." \$45 prepaid. Cash bar. For reservations, call 429-0960.

Fun auction, 7:30 p.m. April 8, St. Peter's School Cafeteria, 152 William St., Belleville. Sponsored by Rosary Society. Everyone welcome.

Basket bazaar/tricky tray, April 9, Chandelier, Franklin Ave., Belleville. Full course dinner. Seating on first come/first serve basis. \$20. Sponsored by Belleville High School Class of 1996. For ticket info, call 759-6750.

Chinese auction, 7 p.m. April 12, Cedar Grove VFW Post, Pompton Ave. \$3. Refreshments. Sponsored by Ladies Auxiliary to District IV.

Italian buffet, April 14, St. Paul's Congregational Church, Franklin Ave. (bet. High and Kingsland), Nutley. Seatings at 5 and 7 p.m. \$8 adults, \$5 kids 12 and under. For tickets, call 667-4812. Sponsored by Senior and Junior High Youth Groups.

Bus ride to Showboat, Atlantic City, 9 a.m. April 14, Nutley Italian American Civic Association, 642 Franklin Ave., Nutley. \$20 with \$18 back. For tickets, call Al Prospero at 667-5146.

Chaplains' auction, 7:30 p.m. April 20, Madonna Hall, Immaculate Conception Church, Montclair. \$10 includes dessert. Limited seating. Advanced purchase encouraged by calling 429-6047. To benefit Chaplaincy Council.

Fish and chip dinner, 5 to 7 p.m. April 26, St. Peter's School Cafeteria, 152 William St., Belleville. Takeout 4:30 to 5 p.m. \$8 includes dessert and coffee. Sponsored by Rosary Society. For tickets, call 751-4729.

Chinese auction, 7 p.m. April 26, St. Valentine's Church hall, Bloomfield. Sponsored by Rosary & Altar Sodality. \$5. Call Claire Graziano at 338-5414 or Delores Vahalla at 338-8403. To donate a gift or money, call Rita Lynch at 743-9691.

Chinese auction, 6:30 p.m. April 27, Belleville Reformed Church, Main and Rutgers streets. \$5. For info and tickets, call 751-2262 or 759-4039.

Moon Dance, 8 p.m. to midnight, April 27, Holy Family Church, 28 Brookline Ave., Nutley. All you can eat beefsteak dinner, Spin-A-Sound Entertainment, prizes. \$23. For info, call 667-0026.

Weekly luncheon, 11:30 a.m. to 1 p.m. Fridays, Glen Ridge Congregational Church, 195 Ridgewood Ave. \$6. Open to the public. For reservations, call 743-5596.

VFW Post 711 75th anniversary dinner dance, April 27, Essex Manor, Bloomfield. For tickets, call Royal Boone at 338-6918 or Marion Hart at 338-8513.

Entertainment '96 discount books, \$40. Available through Good Shepherd Academy, 667-2049 or 667-5081; American Cancer Society, 736-7770; Belleville Boy Scout Troop #301, 759-3590 after 5 p.m.

Other events...

Easter concert, Melbourne Salvation Army Band, 3 p.m. April 6, Brookdale Baptist Church, 1350 Broad St., Bloomfield. Part of American tour for Australian brass band. Free.

Free health screenings, Montclair Community Hospital, 120 Harrison Ave. Appointments mandatory. Call 744-7300, ext. 4296, 10 a.m. to 2 p.m. Monday through Friday. Volunteers needed for Outreach program. Call Marie Oropollo at 746-4644 after 2:30 p.m. April 13: colon cancer; April 22: foot problems; April 24: prostate; April 27: skin cancer; eye problems.

Auditions for "Our Town", 7:30 p.m. April 14, 15, Nutley Little Theatre, 47 Erie Place. Performance in June. Needed: two children, ages 10-12 and two young adults who can play their roles as teenagers in the initial scenes. Also, lead role (stage manager) requires either man or woman, but those auditioning should come with a prepared monolog. For more info, call 743-8111.

Hospice volunteer training sessions, eight weeks beginning 7 to 9:30 p.m. April 9, Bethany Baptist Church, Newark and 7 to 9:30 p.m. April 18, 3 High St., Glen Ridge. For info, call 429-0300.

New Jersey Self-Help Clearinghouse Workshop on starting self-help groups, 9:30 a.m. to 12:30 p.m. April 20, Nardiello Hall, 12 State St., Bloomfield. \$10. For info, call 1-800-367-6274.

Adopt a bed at Brookdale Park rose garden. 50 volunteers needed to give 1-2 hours/week to weed and prune. 8 to 11 a.m. Wednesdays or Saturdays, spring through fall. First weeding day: April 20. For info, call Suzanne at 783-8091.

Annual UNICO awards and charity ball, honoring Msgr. Louis Finiani for Outstanding Achievement and Dr. Joseph Scarpelli as Nutley Chapter UNICAN of 1996, April 26, Nanina's In The Park, Belleville. \$85. For tickets, call John Russo at 667-1292 or Frank Bozza at 667-1292.

Rotary Club of Belleville blood drive, 11:30 a.m. to 2:30 p.m. April 28, Bethany Lutheran Church, 188 New St. For info, call Nancy Moore at 759-1553.

Aerobic exercise program, sponsored by St. Peter's Sports Association, Belleville, 7 to 8 p.m. Mondays, school gym. \$35 per 10-week session. Call Barbara at 751-6469 for info.

Volunteers needed at Montclair Community Hospital, 120 Harrison Ave. To staff reception desk Mondays noon to 4 p.m. and Wednesdays 9 a.m. to 12:30 p.m. Four hour position in hospital's business office at 14 S. Park St., one or two days a week. For info, call 744-7300, ext. 4279; to work in community cafe, 11 a.m. to 2 p.m. Duties include cash register, order taking, recording gift purchases. For info, call 744-7300, ext. 4279.

After school program at Glen Ridge Library, Thursdays and Fridays, 3:30 to 4:30 p.m. Full length feature movies shown in two parts. Sign up and tickets in Children's Room.

Dapper Dads of Harmony invite male singers to join regardless of age or experience. Ability to read music not required. For info, call Pete Wall at 845-5353.

Walking and Fitness Club, 5 a.m. Tuesdays and Thursdays, rain or shine, Nutley Chapter, American Red Cross. No cost. Call 667-3818.

Weekly bridge games, 12 noon, Tuesdays and 7:30 p.m. Fridays, Bloomfield Civic Center, 84 Broad St.

Widowed Persons Service, an outreach program in which trained widowed volunteers offer support to newly widowed persons, urgently needs volunteers. No age restriction, free. For info, call Retired and Senior Volunteer Program (RSVP) at 673-0640 or the local AARP representative Mr. Rosenberg at 313-3292.

Volunteer drivers needed by American Cancer Society, March 18-22. To deliver orders of daifodils to different locations around Essex County. Call Venessa Zipfel at 736-7770.

Support groups...

Narcotics Anonymous meeting list: BELLEVILLE: Monday, 8 p.m., Fewsmith Presbyterian Church, Union Ave. and Little St. Openbook/discussion meeting; Tuesday, 8 p.m., Clara Maass Medical Center, 100 Passaic Ave., Branch Brook Room, Education Center. Men's meeting. Open/discussion; Thursday, 8 p.m., Fewsmith Presbyterian Church, Union Ave. and Little St. Open/topic/discussion meeting; Friday, 8 p.m., St. Peter's Church, rear basement, Williams St. Open/discussion. **NUTLEY:** Sunday, 7:30 p.m., Franklin Reformed Church, Hillside Crescent. Open/meditation/discussion; Monday, 7:30 p.m., St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place. Closed/speaker/discussion meeting. Open to addicts and those who think they have a problem with drugs; Tuesday, 7:30 p.m., Grace Episcopal Church, 200 Highland Lane. Women's meeting. Topic meeting/open discussion; Wednesday, 8 p.m., Grace Episcopal Church. Closed/speaker/discussion. Open to addicts and those who think they have a problem with drugs; Friday, 7:45 p.m., Franklin Reformed Church, Hillside Crescent. Women's meeting. Open/discussion.

Gamblers Anonymous, 8 p.m. Mondays, 8:30 p.m. Fridays, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley, 3rd floor. Meetings open to anyone with a gambling problem or those who think they might have a problem. Topic/therapy; 8:30 p.m. Tuesdays, 8:30 p.m. Thursdays, Bethany United Presbyterian Church, 293 West Passaic Ave., Bloomfield. For info on any group, call 1-800-GA-LIVES.

Gamanon, to offer hope and understanding to loved ones of compulsive gamblers, 8 p.m. Mondays, 8:30 p.m. Fridays, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley.

Alcoholics Anonymous, 8 p.m. Mondays, St. Mary's Church basement. Msgr. Owens Place, Nutley; 8:30 p.m. Tuesdays, Christ Church, 74 Park Ave., Bloomfield/Glen Ridge (Gay); 9 p.m. Tuesdays, Vincent United Methodist Church, 100 Vincent Place, Nutley (behind public library); Glen Ridge Congregational Church, 195 Ridgewood Ave., Glen Ridge; 7:30 p.m. Wednesdays, 3rd floor, St. Paul's Congregational Church, Franklin Ave. and St. Paul's Place, Nutley; 9 p.m. Fridays, Grace Episcopal Church, 200 Highland Lane, Nutley; 9 p.m. Saturdays, Christ Church, 74 Park Ave., Bloomfield/Glen Ridge.

Friends for Life, for oncology patients, family and friends, 6:30 p.m. first and third Wednesdays, Branch Brook room, Clara Maass Medical Center, Belleville. For info, call Ann Shafie or Donna Rainone at 450-2210.

New Jersey Chapter of NAAFA (National Association to Advance Fat Acceptance), social events, human rights information, monthly newsletter. For more information, call 927-3103.

Overeaters Anonymous, self-help group for compulsive overeaters or people with eating disorders, Tuesdays, Presbyterian Church on the Green Parish House, Broad St., Bloomfield (7:30 to 9 p.m.); Wednesdays, Christ Church, Park and Bloomfield avenues (opposite Grand Union), Bloomfield/Glen Ridge (8 p.m.). For more information, call 746-4658; Fridays, Grace Episcopal Church, 200 Highland Lane, Nutley (7:30 p.m.).

Bereavement Support Group, 7:30 p.m. 2nd Monday, Parish Center, St. Mary's Church, 145 St. Mary's Place, Nutley. For more info, call 235-1100. April 8: Deacon Cyril Massar of Center for Hope Hospice, Linden, will speak of The Reality of Death, Psychologically, Emotionally and Spiritually.

Living With Cancer, for cancer patients and their families, 7 to 8:30 p.m. second and fourth Wednesdays, waiting area of Radiation Oncology Dept., Mountsinide Hospital, Glen Ridge/Montclair, 429-6905 or 429-6128.

Parkinson Support Group, 10 a.m. third Saturdays, private dining room, Mountsinide Hospital, Glen Ridge/Montclair. Exercise and speech therapy groups meet weekly as well as monthly meetings for caregivers. Call 256-1011 for information.

Arthritis Foundation Support Group, 7 p.m. Tuesdays, Montclair Community Hospital, 120 Harrison St. For info, call 744-7300, ext. 4312.

Adult Bereavement Group, The Hospice, Inc., 3 High St., Glen Ridge. On-going group for caregivers meets twice a month. No charge. For info or to register, call 429-0300.

Depression/Manic Depression 12 Step Program support group, Thursdays, 7:30 p.m., St. Luke's Episcopal Church, 73 South Fullerton Ave., Montclair (near Montclair Public Library). Enter in the back of the church and to the right. Meeting is in second floor conference room. For more information, contact Gigi at 751-7873.

Class reunions...

Nutley classes of 1925-85, 6:30 p.m. May 10, Parks Dept. 44 Park Ave., Informal hot and cold buffet, coffee and soda. \$35 per couple, \$17.50 per person. 365 person limit. Reservations must be made by May 1. Checks to Nutley Class Reunion Committee. Mail to Andy Andriola, 33 Clover St., Nutley 07110, 667-9363.

Belleville Class of 1966, Nov. 23, Crystals (above Kings Court), Lyndhurst. For info, contact Class of 1966, P.O. Box 722, Nutley, NJ 07110.

Ferris High School, Jersey City, Class of 1946, Andrew Cancalosi, 19 Wesley St., Monmouth Beach, NJ 07750.

News for this column should be mailed to Orechio Publications, 800 Bloomfield Ave., Nutley, NJ 07110, Attn: Events in the Area. Sorry, no items can be taken over the phone. Coverage limited primarily to Belleville, Bloomfield, Glen Ridge and Nutley. Other towns included only if space permits. No charge. **Deadline: 3 p.m. Friday before publication.** Questions? Call Helen Maguire at 667-2100.

Events

Support groups...

PFLAG, Northern New Jersey Parents, Families and Friends of Lesbians and Gays, 2:30 p.m. second Sundays, First Trinity and Presbyterian Church, corner of Irvington and South Orange avenues, South Orange. Newcomers: 1:30 p.m. Write: P.O. Box 244, Belleville 07109-0244 or call 267-8414.

Anorexia nervosa, bulimia, compulsive eating problems. For free information or referrals, call the New Jersey Eating Disorders Helpline, 1-800-624-2268.

SHARE, a support group for learning to accept and resolve pregnancy or infant loss, 7:30 to 9 p.m. first Wednesdays, private dining room, Mountinside Hospital, Glen Ridge/Montclair. No fee. If you plan to attend or for additional info, call Linda LeCompte, R.N., 429-6936.

rhuma education program for children, ages 6 through 14, two-part program on second and fourth Wednesdays, 4 to 5:30 p.m., Mountinside Hospital, Glen Ridge/Montclair. \$40 fee includes educational sessions, metered dose inhaler chamber, peak flow meter, diary forms, educational materials. To register or for more info, call Respiratory Care Dept. at 429-6180.

Essex County Epilepsy Support Group, 7:30 to 9:30 p.m. first Mondays, Christ Episcopal Church, 74 Park Ave., Glen Ridge. For more info, call Barbara at 589-8234, Rich at (908) 769-6897, Isabel at 429-8168 or Una at 744-8944.

American Cancer Society support groups. Stress reduction and guided imagery and relaxation through music, 1:30 p.m. Fridays, 428 Franklin Ave., Nutley. Open to the community. For info, call 667-1613 or Manny Pena-Perich at 736-7770; Make Today Count, for patients, family and friends, third Tuesdays, and New Beginnings, for breast cancer patients, Essex Oncology Group, 36 Newark Ave., Suite 304, Belleville, 7 to 8:30 p.m. Light refreshments. Call 751-5757 to register; E-CAP support group, open to all cancer patients, techniques of visualization, meditation, stress reduction, discussion period, 1 to 3 p.m. Fridays, 363 Centre St., Nutley. To register, call Mary Jo Dell'Orto at 667-1613.

Northern N.J. Amyotrophic Lateral Sclerosis (ALS), 6 to 8 p.m. first Thursdays, Kessler Institute for Rehabilitation, Pleasant Valley Way, West Orange. For ALS (Lou Gehrig's Disease) patients, families, friends, West Orange, call 731-3900, ext. 2372.

Parents Anonymous, hope when being a parent gets tough. Attendance free, confidentiality respected. For info, referral or just to talk, help available 24 hours a day. Call 1-800-843-5437.

MOMS Club of Belleville/North Arlington (Moms Offering Moms Support) includes monthly meeting, park play days, mom's night out. For info, call 991-8582.

Lupus Foundation, Essex County branch, 7:30 p.m. second Tuesdays, Bloomfield Civic Center, 84 Broad St. For info, call 791-7868.

Alzheimer's Support Group, 7 p.m. first Thursdays, Adult Medical Day Care, Continuing Care Center building, Clara Maass Medical Center, Belleville. Concurrent activities program for those with Alzheimer's to alleviate caregiving responsibilities. For info and registration, call 450-2941 or 450-2213; OR 2 p.m. fourth Thursdays, Meadowlands Hospital Medical Center, Secaucus. For info and registration, call 392-3206 10 a.m. to 4 p.m. Mondays through Fridays.

Rainbows For All Children, a peer support program for children and teens grieving from divorce, death, separation or abandonment and living in single-parent or stepfamily homes. For info, call 783-5469.

Life After Loss, a support group for those in mourning, 7 to 8:30 p.m. Wednesdays, Essex Oncology Group, 36 Newark Ave., Suite 304, Belleville. Sponsored in conjunction with American Cancer Society, Essex Unit. To register, call Denise Johnstone at 751-5757.

Parents who have lost a child, 7:30 to 9 p.m. Mondays, The Hospice, Inc., 3 High St., Glen Ridge. To register, call 429-0300. Also forming, parent/children's and adult bereavement groups. No charge.


Panic and anxiety, 7:30 to 8:30 p.m. Tuesdays, Belleville location. Call Judy at (908) 937-4832 for info.

Sexual Recovery Anonymous, 7:30 to 8:30 p.m. Tuesdays, St. Peter's Church, 155 William St., Belleville. A 12-step program for men and women who suffer from compulsive, obsessive sexual behavior. You are not alone. For info, call 485-8294.

Compassionate Friends, for parents whose children have died, 7:30 p.m. third Mondays, St. Joseph Center, Holy Family Church, 28 Brookline Ave., Nutley. For info, call Gina Tamburri at 751-4187.

Our Other Place, for persons with HIV/AIDS and their significant others, 7 to 9 p.m. Mondays, St. James Episcopal Church, 2nd floor parish hall, Valley Road and Bellevue Ave., Upper Montclair. Facilitated by trained COPE Center staff. Confidentiality guaranteed. For info, call; Ilene Palent or Quinton John Clough at 783-6655.

Caregivers of terminally ill or catastrophic patients, 1 to 2:30 p.m. Fridays, The Center for Hospice Care, Inc., 3 High St., Glen Ridge. For details and registration, call Margaret Mattson at 429-0300.



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CHRISTMAS CONCERT CHECK - The Chorus of Communities, a local ecumenical choir with members from Belleville, Bloomfield, Nutley and Glen Ridge, recently presented the profits from its 1995 Christmas concert to Clara Maass Medical Center's Pastoral Care Department. From left, Emma-Lou Czarnecki and Taylor Fisher, co-chairpersons of the Chorus of Communities; Fr. Arthur Schute, director of Clara Maass Pastoral Care; and William Moore, director of the Chorus of Communities. To learn more about the chorus and its charitable endeavors, call Moore at 895-4563.

St. Mary's class of 1951 planning June 15 reunion

The 1951 graduating class of St. Mary's School, Nutley, is planning a 45th year reunion June 15. Of the 66 children in the class, all but 19 have been accounted for. They include:

Peter J. McIntyre, Madeline S. Snyder, John R. Sugrue, Lorraine M. Verhoest, Nancy J. Zamara, Barbara T. Anderson, Walter P. Burke, Robert C. Conahan, Joan E. Kasper, Thomas A. Lubjack, Irene R. Madden, Dennis P. Philippar, Kay Ann Carroll, Paula D'Avanzo Dunn, Robert J. Erler, Herbert A. Fedor, Ruth Gliban McCreavy, Walter H. Haack and Maureen Kuebler Hughes.

Anyone with any information about these missing classmates is asked to contact Jack Russell at (201) 227-7842.

According to Russell, "Paul Reiman, a close friend since kindergarten, is the prime mover on this reunion. I am the second contact."

"Paul will be in the area (he lives in Dayton, Ohio) around April 13 and we hope to firm up details then."

"An interesting highlight of Paul's search for our classmates was finding Bernie Masterson, who had lived in Belleville. A letter sent to his former address was forwarded to Uganda and ultimately to a remote area of Sweden where he is a school teacher. Needless to say, he was surprised to hear from Paul."

Time and place of the reunion will be forwarded to classmates when available.

JAYJAY is waiting for a home. He is an affectionate and energetic two-year-old, housebroken, neutered, good with other pets and very friendly. To adopt or foster JayJay, call (908) 688-1073. Peter for Animals is sponsoring its Spring Chinese Auction April 25 at Farcher's Grove, 1135 Springfield Road, Union. All proceeds will feed, shelter and care for pets like JayJay and help fund the People for Animals Low Cost Spay/Neuter Clinic. For information and tickets for the Chinese auction, call (908) 688-1073.



Brazilian Grilled Turkey Tenderloins with Orange Salsa

1/2 cup unsweetened coconut milk
1/4 cup plus 2 t.sps. finely chopped green onion, divided
2 t.sps. plus 2 t.sps. minced fresh cilantro, divided
2 t.sps. plus 2 t.sps. fresh lime juice, divided
1 t.sps. minced jalapeno pepper
1 t.sps. plus 1 t.sps. minced peeled fresh ginger, divided
2 t.sps. minced garlic
1 t.sps. plus pinch of salt, divided
1/2 tsp. ground black pepper
1 pound fresh turkey tenderloins, each cut in half
4 navel oranges, peeled and coarsely chopped
2 t.sps. flaked coconut

Marinade:

In 9-inch square baking dish, combine coconut milk, 1/4 cup onion, 2 t.sps. cilantro, 2 t.sps. lime juice, jalapeno pepper, 1 t.sps. ginger, garlic, 1 t.sps. salt and black pepper until blended. Add turkey, turning to coat well. Cover with plastic wrap and refrigerate for 30-45 minutes, turning occasionally.

Meanwhile, prepare grill. Spray grill rack with nonstick cooking spray.

Orange Salsa:

In medium bowl, combine oranges, coconut and remaining onion, cilantro, lime juice, ginger and salt. Cover and refrigerate until ready to serve.

Place turkey tenderloins on grill, reserving marinade. Grill 5 minutes until cooked through, turning tenderloins once and brushing with marinade. Serve tenderloins with orange salsa.

Nutrition analysis: 280 calories, 30 g protein, 9 g fat, 21 g carbohydrates, 77 mg cholesterol, 689 mg sodium, 29% calories from fat.

Mexican Turkey Tenderloins with Tomato-Avocado Salsa

1/4 cup plus 2 t.sps. fresh lime juice, divided
3 t.sps. chopped fresh cilantro, divided
3 t.sps. minced red onion, divided
1 t.sps. plus 1 t.sps. olive or vegetable oil, divided
1 1/4 tsp. salt, divided
1 tsp. ground cumin
1/4 tsp. ground red pepper
1 pound fresh turkey tenderloins, each cut in half
1 cup chopped tomato
1 medium-size ripe avocado
1/4 tsp. ground black pepper
1/4 tsp. sugar

Marinade:

In 9-inch square baking dish, combine 1/4 cup lime juice, 2 t.sps. cilantro, 2 t.sps. onion, 1 t.sps. oil, 1 t.sps. salt, cumin and red pepper until blended. Add turkey, turning to coat well. Cover with plastic wrap and refrigerate for 30-45 minutes, turning occasionally.

Meanwhile, prepare grill. Spray grill rack with nonstick cooking spray.

Tomato-Avocado Salsa

In medium bowl, combine tomato, avocado, ground black pepper, sugar, remaining lime juice, cilantro, onion, oil and salt, stirring gently.

Place turkey tenderloins on grill, reserving marinade. Grill 5 minutes until cooked through, turning tenderloins once and brushing with marinade. Serve tenderloins with salsa.

Nutrition analysis: 235 calories, 29 g protein, 13 g fat, 7 g carbohydrates, 77 mg cholesterol, 722 mg sodium, 50% calories from fat.

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Help Your Heart Recipes

This recipe is intended to be part of an overall healthful eating plan. Total fat intake should be less than 30 percent of your total calories for a day — not for each food or recipe.

Speedy Shrimp and Pasta

1 16-ounce package frozen seasoned vegetables and pasta

12 ounces uncooked shelled and deveined medium shrimp

1/4 cup water

1/4 cup grated or shredded Parmesan or Romano cheese

1/4 cup snipped fresh basil or parsley

In a large skillet, stir together vegetables and pasta, shrimp and water. Bring to a boil over high heat. Reduce heat, cover and simmer 3 minutes. Stir and cook 1 to 2 minutes more or until shrimp turn pink, vegetables are tender, yet still crisp, and pasta is done. Sprinkle with cheese and basil.

Serves 4, 1 cup per serving. Preparation time: 10 minutes. Cooking time: 6 to 7 minutes.

Nutrient Analysis per Serving

212 kcal	Calories	130 mg	Cholesterol	3 gm	Saturated Fat
20 gm	Protein	562 mg	Sodium	2 gm	Polysaturated Fat
18 gm	Carbohydrate	7 gm	Total Fat	2 gm	Monounsaturated Fat

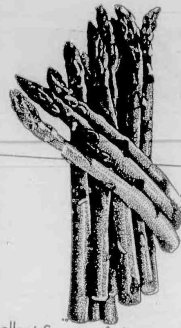
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Belleville SPORTS

BUC SHOTS

By Mike Lamberti



Final Four Answers

Kentucky won the N.C.A.A. mens basketball championship last Monday, beating a surprisingly good Syracuse team in the title game.

If you had a chance to read last weeks column, then you saw some trivia questions pertaining to previous Final Fours.

Here are the answers to those questions, with the questions mentioned beforehand.

1) In 1981, the N.C.A.A. title game was almost cancelled because **President Reagan** had been shot earlier in the day. The committee decided to play the game after assurances from the White House that the President would be okay following surgery.

2) The M.V.P. of the '82 title game was **James Worthy**.

3) The 1984 Final Four consisted of Georgetown, Kentucky, Houston and Virginia.

4) In the '83 title game, N.C. State led by eight points at halftime.

5) The two teams from Florida that challenged U.C.L.A. for the title in the early 70's were Jacksonville in '70 and Florida State in '72.

6) **Freddie Brown** threw the ball into Worthy's hands at the end of the '82 title game, clinching the championship for North Carolina.

7) The Final Four teams in '77 were Marquette, North Carolina, North Carolina-Charlotte and U.N.L.V.

8) In the '76 Final Four, Belleville High School graduate **Abdel Anderson** saw considerable playing time for Rutgers.

9) In the '76 Final Four, the two teams undefeated heading into the national semis were Indiana and Rutgers.

10) In 1981, the head coaches of the Final Four teams were **Dale Brown** (LSU), **Bob Knight** (Indiana), **Terry Holland** (Virginia) and **Dean Smith** (North Carolina).

11) In 1979, Michigan State beat Penn in the semis. It's the last time, to date, that an Ivy League team made it to the Final Four.

12) Indiana State beat DePaul in the other semi final in the '79 Final Four.

13) The graduate of East Orange who played for DePaul in 1979 was **Clyde "Junior" Bradshaw**.

14) Duke played in eight Final Fours from '78 through last year.

15) Duke had no seniors in its starting lineup in the '78 title game.

16) The last team from the Big East, prior to this year, to play in the Final Four was Seton Hall in 1989.

17) **Rumeal Robinson** hit the two free throws in the '89 title game to lead Michigan past Seton Hall in overtime.

18) In 1990, the Final Four consisted of Duke, U.N.L.V., Arkansas and Georgia Tech.

19) In 1985, the three teams from the Final Four who came from the Big East were Georgetown, Villanova and St. John's. The other team was Memphis State. Villanova eventually won the tourney.

20) Louisville won two championships in the 1980's, beating U.C.L.A. in '80 and Duke in '86.

21) U.C.L.A. beat Louisville in the national semis in 1975.

22) The player on the '74 N.C. State team that eventually pitched for the Baltimore Orioles was **Tim Stoddard**.

23) The last time two teams from the same conference played for the national title was in 1988 when Oklahoma battled Kansas.

24) In 1990, Duke beat Arkansas in the national semis. In 1994, Arkansas returned the favor, beating Duke in the championship game.

25) The United States President that said "I'd rather be in Philadelphia" referring to the N.C.A.A. title game being played in that city was President Reagan. He made the comment in 1981 following surgery to remove a bullet after an attempt on his life earlier in the day.

Chris Lawlor was the winning candidate in answering the questions. He had 23 of 25 correct.

Baseball

It's great to see a new season underway, but sad to see **John McSherry** die of a heart attack during the season opener in Cincinnati. He was a class guy who loved the game. He'll be sorely missed.

Corino in process of building 1996 team

Lady Bucs open season at Caldwell

By Mike Lamberti

Success and Belleville High School softball. The two have blended together well for the past 16 years. The architect of the program since 1980, Carl Corino, is in the process of building the 1996 team, but the coach has a lot of work to do.

The Lady Bucs were slated to open the season last Monday against Barringer. This Saturday, the team will be at Caldwell in a 2 p.m. start. Next Tuesday, Livingston comes to Clearmont Field for a 4 p.m. game. Next Wednesday, Montclair visits Belleville, also at 4 p.m.

Corino has compiled over 300 victories in his illustrious career from 1980-1993 and last season. (He had retired prior to the 1994 campaign but came back for last season).

"We have a lot of young kids and a lot of open spots," Corino said. "We're still jiggling things around. I can't really tell you whose playing where with the exception of maybe three positions."

The '95 Lady Bucs recorded 18 victories and advanced to the semi finals of the county tournament before losing to Mt. St. Dominic. It was a veteran team that surrounded a young pitcher.

This year, the young pitcher, Chrissie Crescenzi, is a sophomore and is one of the few proven starters on the roster.

Gene from last year are third baseman Andrea Curran, shortstop Jeannie Torres, second baseman Natalie Cruise and first baseman Jackie Cerami. Torres moved to another school district prior to this September and the other three were graduated last spring.

"It's our entire infield," said Corino, referring to the departed

players. "We've got some good young players here, but not a lot with varsity experience."

The battery is pretty much set. Crescenzi will handle the brunt of the pitching and senior Danielle Brodo will be the starting catcher.

Brodo, the team captain in 1996, continues a long line of tremendous catchers in Lady Buc softball history. Her defense is outstanding and offensively, she's come around very well over the past two years.

In the outfield will be Kim Mahoney, a junior. Corino calls her probably the best athlete on the team. Look for her to be playing centerfield.

"Kim is a tremendous talent," Corino said. "She plays great defense and hits well. Obviously, she'll be a big part of this year's team."

Joelle DellaVolpe, a starting left-fielder last spring, could be the shortstop this year.

"Joelle has had some arm problems so far," Corino said. "It's a tough move, going from the outfield to shortstop. If she's feeling better, she'll probably start at shortstop."

The rest of the positions are pretty much up for grabs. Jessica Rotino, Jennifer Piscatowski, Niki Lopreato, Jackie Cruise, Melissa Brodo, Vincenza Doniello, Sue Donnelly, Tara Martinello and Marissa Rotino should all see time in the lineup during the course of the year.

Piscatowski was the back up catcher last season. She could be in the outfield this year.

"For the most part, I still have a lot of decisions to make as to where the kids will play, who will start and who will be playing J.V."

"The league (NJJL Pacific Division) will be tough, as usual,"

Corino said. "Immaculate Heart, Paramus, Paramus Catholic, Hackensack and Nutley are all good teams. There aren't many breaks."

By next weekend, Corino should have a much better idea of who is starters will be and in what direction the team is going.

NOTES: Cheryl Marion returns as the J.V. coach and Rocco Constantino is the new freshman

coach.

Doug Stone, who has assisted Corino on a voluntary basis for many years, will also be with the team.

Corino noted that Clearmont Field has been in good shape. The weather for last Monday's opener was questionable, but Corino felt the game could be played.

Buc crew led by lightweight 4 and novice 4A squads

By Kolleen Myers

The Belleville varsity crew team opened its spring season, registering a few wins and a few losses.

The boys' team, which entered four shells in the first flick of the year, came away with a first place in the lightweight four category. Finishing in a time of 5:37.70 were rowers Scott Horst, Mike Matos, C.J. Stevens and Min Tsai, along with coxswain Chris Adamo.

Both the midweight junior four shells finished in last place, but the still gave a solid effort.

The novice four also finished in last place in their heat, crossing the finish line in a time of 6:46.67.

The girls team had its ups and downs on Sunday as well. The senior four squad, which have practiced a total of three days together, finished in fourth place.

The juniors led at the beginning of their race, but dropped down and finished in fourth place. The high stroke rate, the catches and leg drives slowed and contributed to the team's placing.

The novice four-A had a strong race and finished in placed. The team, which consists of Ariel Lane,

Tracy Starkle, Emily Schmitt, Vanessa Berend and John Pisanò had the lead from the start and finished with a time of 6:44.80. The novice four-B who were in the top three when the race began, was cut off by another team and suffered technical difficulties and were forced to drop from the race.

Over all, the team did as the coaches expected.

The Belleville crew team will race at their only home event next week at the Belleville-Nutley-Kearny Boat House.

The Belleville crew season started with its annual kick-off breakfast and row-a-thon on Saturday, March 23.

The breakfast, which was held at the Belleville Knights of Columbus, was a big success.

The Superintendent of Schools, Michael Lally, was in attendance, along with Board members Frank Montagna, John Notari and Lou Pallante.

The breakfast was followed by an open house at the Belleville-Nutley-Kearny boathouse, where two new shells were christened.

Lopreato finishes season as the league high scorer

Belleville recreation hoops ends season

By Maryanne Lopreato

The girls' recreation basketball program recently concluded with just one undefeated team among its ranks.

The "B" League Dribblers finished with an unblemished 10-0 record. Gina Lopreato finished the season as the league's high scorer with more than 100 points.

Teammate Megan Talbot also established herself as a team leader, finishing in the top ten of the league's scorers.

Talbot and Lopreato teamed for a great one-two punch. Lopreato had an unstoppable lay-up, while Talbot was deadly from the outside.

Also contributing to the success of the champion Dribblers were Nicole Drozdowicz, a first year player with great speed and court awareness and Nora Blozen, who connected with two baskets in the final game to seal the undefeated season. Paola Cottaggio and Veronica Rosa also made key contributions to the team.

The Bucks finished in second place behind the ball handling of Jessica Fuchs and the post play of Melanie Troise. Coming on strong in the latter part of the season was Kristin Collins who learned to use her height to stymie opposing players.

The Hoosiers came in third with Cynthia Gonzalez and Jackie Velardi providing most of the offense for the team.

The Blue Devils finished with a respectable season as team leaders Diana Maldonado, Nicole Scorsone, and Gina Gamara paced the squad.

The Mavericks lost a few tough games, but Deanna Liss and Gabriela Almagro continued to score.

The Pirates finished the season with a few solid finishes. Phyllis Ann Frantantoni, Lucia Trumble and Shaheen Medina began to click together and the team upset a few

quality clubs at the end of the season.

The "C" league champs were the Clippers, who compiled a 7-1 record. Allison Lopreato was the team's leading scorer and rebounder, but their coach was very proud of the fact that all of his team players scored during the course of the season. Jackie Varacallo and Devin Servidio provided tough defense as well as the ability to score. Melissa Silletti, Amanda Russell, Danielle Firavanti, and Danielle Scassera added points

when needed. The team's only loss was to the second place Spartans who were led by the league's leading scorer, Cathleen Nyegeard.

If put to a test, Cathleen would surely be the league's MVP, scoring 12 points per game and blocking as many shots. This young lady's ability and poise were admired by all opposing coaches.

The Spurs finished with a .500 record behind the sharp-shooting of Stephanie Brodo and Marielle Murnock. Also contributing were Justine Kimler and Diana Spina.

The Hoyas were the new kids on the block since many of their players were first year participants. Jenna Bertiglio, Jennifer Lelinho and Nicole DeFrance began to gel by the end of the season.

The Bruins finished with a 9-1 record in the "A" league. Melissa Cario handled the ball, while Jessica Palumbo was unstoppable at the center position. Aida Herrera also made some key contributions to the team. The Bruins only lost to the Bullets, whose guards Jackie Fuchs and Jennifer Constantino worked well together. Meghan Branca and Shauna McGowan also provided exciting play for the Bullets.

The Trailblazers had some tough match-ups when their leading scorer, Michelle Jablonski broke her ankle, but once she returned, she teamed up with Alicia Zagami and

Adria Caputo to put some wins on the board for the Trailblazers.

The Supersonics were a very inexperienced team having lost all its championship players from a year ago. New players like Jillian Pizzi, Alicia Sant'Angelo and Melissa Pedicini should really gel together next year.

The Timberwolves were led by veterans Tiffany Bolivar and Tina Calia. Bolivar has a great baseline shot that provided some excitement.

The Gators really came together

by the end of the season, winning their last 2 of 3 games. Christine Varacallo led the offense, while Nicole Rosa and Randi Luzzi contributed with nice outside shooting. Nicole Andreola and Janelle Romano, both first year players showed remarkable promise in the sport.

Many of the league's players will participate in post season play in tournaments in North Arlington and Paripany. The girls are ready to compete and hope to bring some trophies home to Belleville.

McDonald wins scholarship to Canadian hockey camp

Eight year-old Ryan McDonald, a member of the New Jersey Youth Ice Hockey Mite B Devils Team, has won a two-week scholarship to the Can-Am Challenge Cup Camp in Montreal, Canada.

McDonald had to write a composition on why he wanted to attend this camp and his composition was chosen over hundreds of applicants in the eight to ten year-old age group.

The camp offers intensive ice hockey training for children ages eight to 18, and he will be attending the camp this summer.

McDonald has also been accepted to play in the Challenge Cup Spring Ice Hockey League in Bridgewater.

A third grade student at School #3, McDonald has played hockey since he was four years old. He played this past fall and winter at the right-wing position for the Devils, who went on to win the Playoff

Championship and the Division League.

McDonald has scored four hattricks, 36 goals and two play-makers.

McDonald is the son of Rosalie and Gary McDonald of Malone Avenue.

His dream is to play ice hockey for the United States Olympic team and then to go on to play professional ice hockey.



Ryan McDonald

Rec Department pre-school registration

The Belleville Department of Recreation and Cultural Affairs is accepting registration for the pre-school play program for four year old children. The program consists of games, stories, songs, art, outside play when weather permits, short rest periods and occasional holiday parties especially designed for pre-school children.

A session is from 9 a.m. to 10:45 a.m. or 12:45 p.m. to 2:30 p.m., five days a week with class limited to a maximum of 23 students in each session. The cost of the 32 week session is \$150. The

mothers of the children accepted must participate by serving one duty day about every eight or nine days according to a published schedule. School will begin on Monday, Sept. 16, 1996 and will run through May 1997.

Children born between October 1991 and September 1992 who will enter Kindergarten in September 1997 are eligible. Participants must be Belleville residents. Since there are only a limited number of openings, and applications will be accepted on a first-come-first-served basis only.

Children must be able to speak and understand English in order to participate. Children enrolled in the morning program cannot also be in the afternoon program, or vice versa.

A \$25 deposit is required to hold your spot in the program.

For further information and enrollment, contact the Belleville Recreation Department at 450-3422 as soon as possible, Monday through Friday from 8:30 a.m. to 4 p.m. Registration is currently in progress.

1996 Belleville High School Spring Sports Schedule

Baseball

Date	Opponent	Site	Varsity
4/4	Bergen Catholic	Away	4 P.M.
4/8	Ridgewood	Home	4 P.M.
4/12	Eastside	Home	4 P.M.
4/15	Kennedy	Home	4 P.M.
4/17	Passaic	Away	4 P.M.
4/19	Clifton	Away	4 P.M.
4/22	Bloomfield	Home	4 P.M.
4/24	Don Bosco	Home	4 P.M.
4/26	St. Joseph	Home	4 P.M.
4/29	Hackensack	Home	4 P.M.
5/1	Paramus	Away	4 P.M.
5/3	Teaneck	Home	4 P.M.
5/6	Paramus Catholic	Home	4 P.M.
5/8	Nutley	Away	4 P.M.
5/10	Don Bosco	Away	4 P.M.
5/13	St. Joseph	Home	4 P.M.
5/15	Hackensack	Away	4 P.M.
5/17	Paramus	Home	4 P.M.
5/20	Teaneck	Away	4 P.M.
5/22	Paramus Catholic	Away	4 P.M.
5/24	Nutley	Home	4 P.M.

Softball

Date	Opponent	Site	Varsity
4/1	Barringer	Home	4 P.M.
4/9	Livingston	Home	4 P.M.
4/10	Montclair	Home	4 P.M.
4/12	Eastside	Away	4 P.M.
4/15	Kennedy	Away	4 P.M.
4/17	Passaic	Home	4 P.M.
4/19	Clifton	Home	4 P.M.
4/22	Bloomfield	Away	4 P.M.
4/24	Immaculate Heart	Away	4 P.M.
4/27	Queen of Peace		
4/29	Hackensack	Away	4 P.M.
5/1	Paramus	Home	4 P.M.
5/3	Teaneck	Away	4 P.M.
5/6	Paramus Catholic	Away	4 P.M.
5/8	Nutley	Home	4 P.M.
5/10	Immaculate Heart	Home	4 P.M.
5/13	Ridgewood	Away	4 P.M.
5/15	Hackensack	Home	4 P.M.
5/17	Paramus	Away	4 P.M.
5/20	Teaneck	Home	4 P.M.
5/22	Paramus Catholic	Home	4 P.M.
5/24	Nutley	Away	4 P.M.

Tennis

Date	Opponent	Site	Varsity
4/3	Clifton	Away	4 P.M.
4/8	Eastside	Away	4 P.M.
4/10	Kennedy	Home	4 P.M.
4/15	Barringer	Home	4 P.M.
4/17	Passaic	Away	4 P.M.
4/19	Paramus Catholic	Home	4 P.M.
4/24	Don Bosco	Away	4 P.M.
4/26	St. Joseph	Away	4 P.M.
4/29	Hackensack	Home	4 P.M.
5/1	Paramus	Away	4 P.M.
5/3	Teaneck	Away	4 P.M.
5/6	Paramus Catholic	Away	4 P.M.
5/7	Nutley	Home	4 P.M.
5/8	Nutley	Away	4 P.M.
5/16	Don Bosco	Home	4 P.M.
5/13	St. Joseph	Home	4 P.M.
5/15	Hackensack	Away	4 P.M.
5/17	Paramus	Home	4 P.M.
5/20	Teaneck	Away	4 P.M.

Crew

Date	Meet
March 31	Philadelphia, Pa.
April 14	Philadelphia, Pa.
April 21	Philadelphia, Pa.
April 27	Mercer, NJ
May 5	Philadelphia, Pa.
May 11	Poughkeepsie, NY
May 16 to 18	Stotes - Philadelphia, Pa.
May 23 to 25	Stotes - Philadelphia, Pa.

Golf

Date	Opponent	Site	Varsity
4/1	Teaneck	Away	4 P.M.
4/8	Clifton	Home	4 P.M.
4/10	St. Joseph's	Home	4 P.M.
4/15	Paramus Catholic	Home	4 P.M.
4/22	Don Bosco	Away	4 P.M.
4/24	Hackensack	Home	4 P.M.
4/29	Paramus	Away	4 P.M.
4/6	Nutley	Away	4 P.M.

Track

Date	Opponent	Site	Varsity
4/2	Paramus Catholic	Home	4 P.M.
4/4	Nutley	Away	4 P.M.
4/9	Don Bosco/THA	Away	4 P.M.
4/16	St. Joseph	Home	4 P.M.
4/18	West Essex	Away	4 P.M.
4/23	Hackensack	@ Nutley	10 A.M.
4/30	Paramus	Away	4 P.M.

**Good Luck
Buccaneers**

**As of today,
anyone can still
make the playoffs!**



Right now, several teams are fighting for the final Stanley Cup playoff spots. But for fans, a much tougher race is going on.

**IT'S THE HOME-
STRETCH FOR GETTING
YOUR NEW JERSEY
DEVILS PLAYOFF
TICKETS. AND, AS OF
TODAY, A LIMITED
NUMBER OF INDIVIDUAL
GAME TICKETS FOR
ROUND ONE ARE STILL
AVAILABLE.**

Want to edge out the other guy? There are two ways. First, you can call Ticketmaster at the phone numbers listed below. Or you can come to the Continental Airlines arena box office in person.

Tickets are extremely limited but, like a victory on the road in April, they are worth the effort.

The 1996 Stanley Cup Playoffs. Final spots are going fast.



Ticket Prices: ☐ \$75 ☐ \$65 ☐ \$50
☐ \$40 ☐ \$35

Continental Airlines Arena Box Office Hours: M-F: 9am-6pm
Sat.: 10am-6pm
Sun.: 12pm-5pm

Ticketmaster: In NJ: 201-507-8900 or 609-520-8383
In NY: 212-307-7171 or 914-454-3388

Rotary golf tournament set for April

The Rotary Club of Belleville with the Bloomfield and Nutley Rotary Clubs is sponsoring a Rotary Golf Classic on Wednesday, April 24, at the Farmstead Golf and Country Club, German Flats Road, Andover.

For participation, the cost is \$80 per person, which includes green fees, cart, lunch and a dinner buffet.

Include your name, address, town, zip code, and telephone number, and mail to Robert Gaccione, Gaccione, Pomaco, and Beck, 524 Union Avenue, Belleville, NJ 07109.

Hole and tee Sponsorships are also available at \$100 per hole or tee.

Make checks payable to The Belleville Rotary Club.

Monies raised from the Golf Classic will go toward Rotary scholarships.

For further information, call Mr. Gaccione at 759-2807.

Softball team sought for mens league

The Belleville Recreation Department has an opening for a Men's Softball League team.

The slow-pitch league plays at Belleville Park, beginning the week of April 29.

A minimum residency requirement must be met in order to be eligible.

For information on game night, entry fee and to register, please call 45-03422 before 4 p.m.

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MONDAY

6:00pm A Closer Look at Community Life
6:30pm Jersey Music & Video Spotlight
7:00pm The Mark Dacey Show*
7:30pm Italics
8:00pm Film Flicks & Video Pix*
8:30pm Health Issues with Debbie DuHaime*
9:00pm Special Program
9:30pm Special Program
10:00pm Jersey Music & Video Spotlight

TUESDAY

6:30pm Video Fashion
7:00pm Cappy's Casino Corner
8:00pm Uncle Floyd's New Jersey*
8:30pm O'Keefe Ent. Presents
9:00pm It's In The Stars Live*
10:00pm A Closer Look at Community Life

WEDNESDAY

6:00pm Back to Basics with Nancy Sabato
6:30pm A Closer Look at Community Life
7:00pm Bringing Italy to You
8:00pm Mondo Italiano
9:00pm Jersey Music & Video Spotlight
9:30pm Essex Digest
10:00pm Special Program
11:00pm Carol & Carol Psychic Call In Show

THURSDAY

6:00pm The Theresa Nance Ministries
6:30pm A Closer Look at Community Life
7:00pm O'Keefe Ent. Presents
7:30pm Ask the Chief with Nutley Chief De Litta and Anthony Iannarone*
8:00pm Middle Eastern TV

FRIDAY

5:00pm It's In The Stars (R)
6:00pm Ambassador of Grace
6:30pm Essex Digest
7:00pm Film Flicks & Video Pix*
7:30pm O'Keefe Ent. Presents
8:00pm The Final Score
8:30pm Jersey Music & Video Spotlight
9:00pm The Mark Dacey Show*
9:30pm A Closer Look at Community Life
10:00pm Front Page Edition with Lee Spinelli*

SUNDAY

9:00am Ambassadors of Grace Ministry
9:30am Uncle Floyd's New Jersey*
10:00am Back to Basics with Nancy Sabato
10:30am Accent on Essex County
11:00am Front Page Edition with Lee Spinelli*
11:30am Health Issues*
12:00pm The Final Score
12:30pm Italics
1:00pm Middle Eastern TV
5:00pm Bringing Italy To You
6:00pm Carol & Carol
6:30pm Jersey Music & Video Spotlight
7:00pm The Mark Dacey Show*
7:30pm Uncle Floyd's New Jersey*
8:00pm Mondo Italiano
9:00pm Bringing Italy To You
10:00pm O'Keefe Ent. Presents
10:30pm It's In The Stars(R)*

*Programs produced By OBC

SHERIFF'S FILE NO.

96-00482
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-123694. STERLING
SAVINGS BANK, PLAINTIFF
-vs- CARLOS E.
FLORES & JOBITA FLO-
RES, HW, ET AL., DEF-
ENDANTS. Execution for
Sale of Mortgaged
Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 30, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 363-365 WOODSIDE AVE. NEWARK, NJ 07104. Lot: 25 Block: 777. Size: 115 x 115.84 feet. Distance to nearest cross street: 600.00 feet. Nearest cross street name: GRAFTON AVE.

A full description can be found in the Office of the Register of Essex County. A deposit of 20% of the bid price in certified funds is required at the time of sale. The approximate amount of the Judgment to be satisfied by said sale is the sum of EIGHTY FOUR THOUSAND ONE HUNDRED NINETY FOUR DOLLARS (\$84,194.00) together with the costs of this sale. The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. March 25, 1996
ARMANDO B. FOUNTAURA, SHERIFF
Shapiro & Kreisman, Attorneys
Belleville Times
April 4, 11, 18, 25, 1996
Fee: \$77.08

No. B96-216

SHERIFF'S FILE NO.

96-00399
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-126425. LITTELL
MORTGAGE CORPORATION,
PLAINTIFF -vs- FRANK
PANICO & MARY PANICO,
ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 23, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 00000001 RUTAN RD. BELLEVILLE, NJ 07109. Lot: 21 Block: 680. Size: 50 x 110 feet. Distance to nearest cross street: 15.00 feet. Nearest cross street name: BORAEMON ST.

A full legal description can be found in the Office of the Register of Essex County. A deposit of 20% of the bid price in certified funds is required at the time of sale. The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED EIGHTY FOUR THOUSAND NINE HUNDRED TWENTY SIX AND 88/100 DOLLARS (\$184,926.88) together with the costs of this sale. The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. March 18, 1996
ARMANDO B. FOUNTAURA, SHERIFF
Stern, Lavintab, Norgard & Daly, Attorneys
Belleville Times
March 28, April 4, 11, 18, 1996
Fee: \$82.72

No. B96-188

NOTICE
NOTICE is hereby given that the Municipal Council of the Township of Belleville, New Jersey, at a meeting held on March 26, 1996 in the Municipal Building, did adopt Ordinance No. 2697 entitled:

"An Ordinance to Amend an Ordinance Creating Permanent Positions and Adopting Reclassification and Compensation Plans Promulgated in the N.J. Dept. of Personnel, In and For the Township of Belleville, County of Essex, as amended." (LU salaries)

Mary Lou Hood, Municipal Clerk
Belleville Times
April 4, 1996
Fee: \$12.71

No. B96-226

SHERIFF'S FILE NO.

96-003505
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-1270895. BANK UNITED
OF TEXAS, FSB, PLAINTIFF
-vs- MATTHEW
RISHER, ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 23, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 000000016 CRESCENT AVE. NEWARK, NJ 07112. Lot: 9 Block: 3726. Size: 100 x 40 feet. Distance to nearest cross street: 280.16 feet.

Nearest cross street name: KEER AVENUE. A full legal description can be found in the Office of the Register of Essex County. A deposit of 20% of the bid price in certified funds is required at the time of sale. The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED SIXTY NINE THOUSAND FIVE HUNDRED FIFTY DOLLARS AND 97/100 (\$169,550.97) together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. March 18, 1996
ARMANDO B. FOUNTAURA, SHERIFF
William M.E. Powers, Attorney
Belleville Times
March 28, April 4, 11, 18, 1996
Fee: \$77.08

No. B96-190

SHERIFF'S FILE NO.

96-004176
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-923795. CITICORP
MORTGAGE INC., PLAINTIFF
-vs- CHARLES WEST
MARYLAND CATALYTIC CO., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 30, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 32-34 SCHUYLER AVE. E. ORANGE, NJ 07112. Lot: 4 Block: 821. Size: 128.56 x 33.76 feet. Distance to nearest cross street: 270.90 feet.

A full legal description can be found in the Office of the Register of Essex County. A deposit of 20% of the bid price in certified funds is required at the time of sale. The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED EIGHT THOUSAND SEVEN HUNDRED SEVENTY NINE AND 57/100 DOLLARS (\$108,779.57) together with the costs of this sale. The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. March 25, 1996
ARMANDO B. FOUNTAURA, SHERIFF
Shapiro & Kreisman, Attorneys
Belleville Times
April 4, 11, 18, 25, 1996
Fee: \$77.08

No. B96-218

SHERIFF'S FILE NO.

96-003758
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-93995. NATWEST
HOME MORTGAGE
CORPORATION, PLAINTIFF
-vs- TODD E.
KNOWLDEN, ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 23, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 0000000133 BEECH ST. NEWARK, NJ 07102. Lot: 15 Block: 231. Size: APPROXIMATELY 45.00 FEET WIDE BY 100.00 FEET. Distance to nearest cross street: 300.00 feet. Nearest cross street name: GREYLOCK PARKWAY.

No. B96-219

SHERIFF'S FILE NO.

96-004473
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-1324894. NATIONALS-
CREDIT FINANCIAL
SERVICES CORPORATION,
PLAINTIFF -vs- JOSE YEROVI
& MAGLENY YEROVI,
HW, ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 30, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: Fein, Such, Kahn & Shepard, Attorneys
Belleville Times
March 28, April 4, 11, 18, 1996
Fee: \$82.72

No. B96-189

SHERIFF'S FILE NO.

96-004073
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-923795. CITICORP
MORTGAGE INC., PLAINTIFF
-vs- BREITH M. TABORN,
A/K/A BREITH M. TABORN,
ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 30, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 657 LONGFELLOW AVE. NEWARK, NJ 07106. Lot: 19 Block: 4185. Size: APPROXIMATELY 100.00 FEET WIDE BY 100.00 FEET.

Distance to nearest cross street: 306.17 feet. Nearest cross street name: MARION AVENUE. A full description can be found in the Office of the Register of Essex County. A deposit of 20% of the bid price in certified funds is required at the time of sale. The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED FOURTEEN THOUSAND FIFTY AND 92/100 DOLLARS (\$14,050.92) together with the costs of this sale. The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. March 25, 1996
ARMANDO B. FOUNTAURA, SHERIFF
Shapiro & Kreisman, Attorneys
Belleville Times
April 4, 11, 18, 25, 1996
Fee: \$82.72

No. B96-217

SHERIFF'S FILE NO.

96-004259
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-1214795. LANDMARK
SAVINGS ASSOCIATION,
PLAINTIFF -vs- ANITA
KAREVITS, ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 30, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 000000011 SMALLWOOD AVE. BELLEVILLE, NJ 07109. Lot: 1 Block: 530. Size: 60.00 x 107.50 x 69.00 x 117.50 feet.

Nearest cross street name: RHODE PLACE. A full description can be found in the Office of the Register of Essex County. A deposit of 20% of the bid price in certified funds is required at the time of sale. The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED FIVE THOUSAND TWO HUNDRED FORTY EIGHT AND 82/100 DOLLARS (\$105,248.82) together with the costs of this sale. The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. March 25, 1996
ARMANDO B. FOUNTAURA, SHERIFF
Back, Piro, O'Day, Merklinger, Wallace & McKenna, Attorneys
Belleville Times
April 4, 11, 18, 25, 1996
Fee: \$77.08

No. B96-219

SHERIFF'S FILE NO.

96-004473
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-1324894. NATIONALS-
CREDIT FINANCIAL
SERVICES CORPORATION,
PLAINTIFF -vs- JOSE YEROVI
& MAGLENY YEROVI,
HW, ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

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Commonly known as: Fein, Such, Kahn & Shepard, Attorneys
Belleville Times
March 28, April 4, 11, 18, 1996
Fee: \$82.72

No. B96-189

SHERIFF'S FILE NO.

96-004073
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-923795. CITICORP
MORTGAGE INC., PLAINTIFF
-vs- BREITH M. TABORN,
A/K/A BREITH M. TABORN,
ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

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ARMANDO B. FOUNTAURA, SHERIFF
Shapiro & Kreisman, Attorneys
Belleville Times
April 4, 11, 18, 25, 1996
Fee: \$82.72

No. B96-217

SHERIFF'S FILE NO.

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SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-1214795. LANDMARK
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PLAINTIFF -vs- ANITA
KAREVITS, ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

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Newark, N.J. March 25, 1996
ARMANDO B. FOUNTAURA, SHERIFF
Back, Piro, O'Day, Merklinger, Wallace & McKenna, Attorneys
Belleville Times
April 4, 11, 18, 25, 1996
Fee: \$77.08

No. B96-219

TWO HUNDRED SIX

THOUSAND FIVE HUNDRED THIRTY SEVEN AND 95/100 DOLLARS (\$206,537.95) together with the costs of this sale. The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. March 25, 1996
ARMANDO B. FOUNTAURA, SHERIFF
Stern, Lavintab, Norgard & Daly, Attorneys
Belleville Times
April 4, 11, 18, 25, 1996
Fee: \$95.88

No. B96-220

SHERIFF'S FILE NO.

96-003689
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-762094. BEKKELEY
FEDERAL BANK & TRUST FSB, PLAINTIFF
-vs- VERNELL P.
O'NEAL, UNMARKED,
ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 23, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 137-139 HANSBURY AVE. NEWARK, NJ 07112. Lot: 71 Block: 3703. Size: 101.38 x 48 x 101.55 x 48 feet.

Containing approximately .11 acre. Distance to nearest cross street: 382.33 feet.

No. B96-191

Nearest cross street name:

MAPLE AVENUE. A full legal description can be found in the Office of the Register of Essex County. A deposit of 20% of the bid price in certified funds is required at the time of sale. The approximate amount of the Judgment to be satisfied by said sale is the sum of ONE HUNDRED SEVENTY ONE THOUSAND SEVEN HUNDRED EIGHTY NINE AND 45/100 DOLLARS (\$171,789.45) together with the costs of this sale.

The Sheriff reserves the right to adjourn the sale from time to time as provided by law.

Newark, N.J. March 18, 1996
ARMANDO B. FOUNTAURA, SHERIFF
Pinney, Hardin, Kipp & Szech, Attorneys
Belleville Times
March 28, April 4, 11, 18, 1996
Fee: \$82.72

No. B96-191

SHERIFF'S FILE NO.

96-002767
SHERIFF'S SALE
SUPERIOR COURT OF
NEW JERSEY, CHAN-
CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
F-7233995. CITICORP
MORTGAGE INC., PLAINTIFF
-vs- MICHAEL RESTAINO,
NANCY RESTAINO, HW,
ET AL., DEFENDANTS. Execution for Sale of Mortgaged Premises.

By virtue of the above stated writ of Execution, to me directed, I shall expose for sale by Public Auction, in SHERIFF'S OFFICE, Essex County Courts Building in Newark, on Tuesday, April 9, 1996, at one-thirty P.M. (Prevailing time)

Commonly known as: 137-139 HANSBURY AVE. NEWARK, NJ 07112. Lot: 71 Block: 3703. Size: 101.38 x 48 x 101.55 x 48 feet.

No. B96-191

Nearest cross street name:

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Pinney, Hardin, Kipp & Szech, Attorneys
Belleville Times
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Fee: \$82.72

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SHERIFF'S FILE NO.

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SUPERIOR COURT OF
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CERY DIVISION, ESSEX
COUNTY, DOCKET NO.
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No. B96-191

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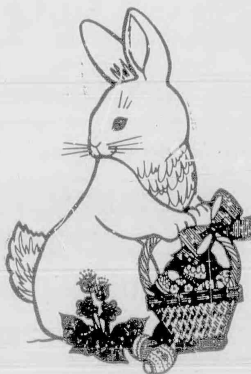


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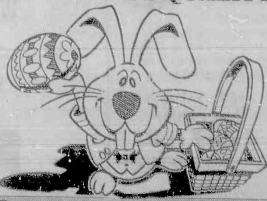
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BOOK MARKS

Calendar of Events

Trustees Gallery: An art exhibit by Sally Diaz and Celia Rodriguez, is currently on exhibition in the Trustees Gallery of the Belleville Public Library and Information Center, 221 Washington Avenue.

Exhibit Cases: Chinese Artifacts by Dr. Ming Bao, assistant library director, are currently on display at the library.

Autographed Playbills, provided by Cindy LaRue, reference head, and the Volunteers of Clara Maass Medical Center, a display provided by Marlene French, are currently on exhibit.

April 3 - "Great Sopranos of the Opera" will be discussed by opera star, Linda Heimall, at 1 p.m. at the library.

April 4 - "Inherit the Wind" will be shown at 1 p.m. at the library.

April 8 - "Book Bingo" will be featured at 3:25 p.m. at the Shafter Branch Library.

"La Gioconda" is the featured opera at 12:30 p.m. at the library.

"Breast Self-Examination" will be discussed by Cindy Mierzwewski of the Health Department at 10:30 a.m. at the library.

English for the Foreign Born for Beginners and Intermediates will be held from 6:30-8:30 p.m. at the library.

April 10 - "New Selected Poems" by Philip Levine will be discussed by Page Delano, faculty of Montclair State University, at 1 p.m. at the library.

April 11 - "Breast Self-Examination" will be discussed by Cindy Mierzwewski of the Health Department at 10:30 a.m. at the library.

"The Famous Trials in Film Series" features "Twelve Angry Men" at 1 p.m. at the library.

An Afterschool Storyhour will take place at 4 p.m. in the James J. Cozzarelli Jr. Children's Room.

April 12 - The Friday Musical Film Class Series features "The Pajama Game" at 12:30 p.m. at the library.

Library Week activities

The Belleville Public Library and Information Center will be featuring special programs for National Library Week, April 15 through April 20.

On April 15, from 1 to 2 p.m. Act One Presentations will present "Moral Courage: Can We Teach It To Our Children?" At 3:30 p.m. at the Shafter Branch Library in Silver Lake, Belleville magician, Joe Fischer, will present a program entitled "Reading is Magic." At 7:30 p.m. in the James J. Cozzarelli Jr. Children's Room there will be a special Reptile Evening.

April 16, at 10:30 a.m. Dr. Robert Ramer will be discussing "Dental Care for Children", while at 1 p.m. Dr. Angus Gillespie, professor of American Studies, will be discussing



Harold Rockaway, who clips the library's newspapers and keeps the library archives, is an important library volunteer who will be honored with other volunteers at a special program on April 18, at 11 a.m., during National Library Week, at which time Dr. Angus Gillespie, Professor of American Studies, Rutgers University, will speak on "Folks Songs and Ballads in the New Jersey Pine Barrens." The public is invited to attend the lecture and the awards ceremony.

"Famous Women in New Jersey." From 1 to 5 p.m. at the Shafter Branch Library, there will be a special Read-A-Thon. From 6:30-8:30 p.m. the English for the Foreign Born Class will meet.

On April 17, at 1 p.m., operatic star Linda Heimall will be discussing "The Great Tenors of the Opera". At 7 p.m. trustees Mayor James Messina, Kenneth Broo, James J. Cozzarelli Jr. and Joseph Casale will be honored, followed by a concert by The Chorus of Communities, led by William Moore.

On April 18, at 11 a.m., Dr. Angus Gillespie will speak on "Folksongs and Ballads in the New Jersey Pine Barrens," followed by the awards, which will be given by Joan Taub, Head of Adult Services. Refreshments will follow.

April 19, at 11:30 a.m. in the Carnegie Room, Cathy Miller will present a program entitled "Yes, They Are Dried Flowers." Refreshments will follow, at 12:30 p.m., followed by the Musical Film Class showing "I'll See You In My Dreams," at 1:30 p.m.

April 20, at 2 p.m., storyteller Curtis Urbina will perform. Please register for all the special programs at the library by calling 450-3434.

Activities at Shafter Branch

Joe Fischer will be the lead presenter at the Shafter Branch Library in Silver Lake in a new program, "It's Magic Time," on April 15, from 3:30-4:15 p.m. Be sure to register early, as registration is limited.

Other activities include the "Great Library Read-A-Thon" on April 16 from 1 to 5 p.m., at which time you are invited to read from your favorite story from two to three minutes or a non-fiction book with registration required by April 15, or "Computers for Kids and Adults" on April 19 at 3:25 p.m.

Mr. Lewis, branch librarian, asks you to register for all the National Library Week activities in person, or by calling 450-3434.

NOTICE
NOTICE IS HEREBY GIVEN to the legal voters of the School District of the Township of Belleville, in the County of Essex, New Jersey, that the annual election of the legal voters of said District for the election of 2 members of the Board of Education and for other purposes will be held at 2:00 P.M. on

TUESDAY, APRIL 16, 1996
The polls will remain open until 9:00 P.M. and as much longer as may be necessary to permit all the legal voters then present to vote and to cast their ballots.
The election will be held and all the legal voters of the School District will vote at the respective polling places stated below.

TWO MEMBERS WILL BE ELECTED FOR A 3 YEAR TERM.
At the said election will be submitted propositions for voting taxes for the following respective purposes:

FOR GENERAL FUNDS

The total amount thought to be necessary is:

\$23,830,882

The polling places for said election and their respective polling districts have been designated below, and no person shall vote at said election elsewhere than at the polling place designated for the voters of the polling district in which he or she resides.

NOTE: The term "General Funds" includes principals', teachers', janitors', and medical inspectors' salaries, fuel, textbooks, school supplies, flags, transportation of pupils, tuition of pupils attending schools in other districts with the consent of the Board of Education, school libraries, compensation of the Secretary, of the treasurer of school, moneys and of attendance officers, truant officers, insurance, maintenance of plant, general administration services, other educational support services, incidental expenses, equipment and facilities acquisition and construction services.

A member of the Board of Education must be of legal voting age, be registered to vote in the district, not disqualified as a voter pursuant to R.S. 19:4-1, a citizen and resident of the school district for at least one year immediately preceding his or her appointment or election and must be able to read and write. He or she shall not be interested directly or indirectly in any contract with the school district. Every citizen of the United States at the age of 18 years who has been permanently registered in the municipal election district at least thirty days prior to the date of the election shall be entitled to vote at the school election. Application for military or civilian absentee ballots may be made to the County Clerk.

By Essex County Board of Elections
33 Washington Street, Newark 07102-5070

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WARD, DIST.			
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1 2	FIRE HOUSE (H)	134 FRANKLIN STREET	
1 3	BELLEVILLE SENIOR CITIZENS CENTER	15 FRANKLIN AVENUE	
1 4	BELLEVILLE SENIOR CITIZENS CENTER	15 FRANKLIN AVENUE	
1 5	SCHOOL No. 8	183 UNION AVENUE	
1 6	SCHOOL No. 10	527 BELLEVILLE AVENUE	
BELLEVILLE	SECOND WARD	NAME	ADDRESS
WARD, DIST.			
2 1	SCHOOL NO. 3 (H)	246 JORALEMON STREET	
2 2	SCHOOL NO. 5	135 ADELAIDE STREET	
2 3	HIGH SCHOOL (H)	100 PASSAIC AVENUE	
2 4	HIGH SCHOOL (H)	100 PASSAIC AVENUE	
2 5	NEW FIRE HOUSE (H)	275 FRANKLIN AVENUE	
2 6	HIGH SCHOOL (H)	100 PASSAIC AVENUE	
2 7	RECREATION HOUSE	407 JORALEMON STREET	
BELLEVILLE	THIRD WARD	NAME	ADDRESS
WARD, DIST.			
3 1	KNIGHTS OF COLUMBUS (H)	98 BRIDGE ST.	
3 2	KNIGHTS OF COLUMBUS (H)	98 BRIDGE ST.	
3 3	BELLEVILLE REFORMED CHURCH	171 MAIN ST.	
3 4	WESLEY METHODIST CHURCH	225 WASHINGTON AVENUE	
3 5	SCHOOL NO. 8	183 UNION AVENUE	
3 6	RECREATION HOUSE	407 JORALEMON ST.	
BELLEVILLE	FOURTH WARD	NAME	ADDRESS
WARD, DIST.			
4 1	SCHOOL NO. 9	305 RALPH STREET	
4 2	CHRIST CHURCH PARISH HOUSE (H)	399 WASHINGTON AVE.	
4 3	FEWSMITH PRESBYTERIAN CHURCH	314 LITTLE STREET	
4 4	AMERICAN LEGION HALL	621 WASHINGTON AVE.	
4 5	SCHOOL NO. 5	135 ADELAIDE STREET	
4 6	FEWSMITH PRESBYTERIAN CHURCH	314 LITTLE STREET	

Belleville Times
April 4, 1996
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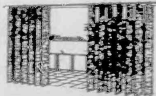
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ANY 3 ROOMS
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ONLY!!

*FAST *CLEAN *EXPERIENCED

Sign up by 4-8-96 & you will be entered into a drawing
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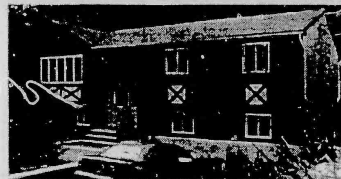
NUTLEY PARK - ASKING \$164,500
3 BR, immaculate colonial, 1 1/2 baths, att. garage, encl. front porch w/thermal windows & lovely park views.

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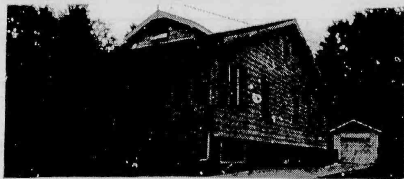
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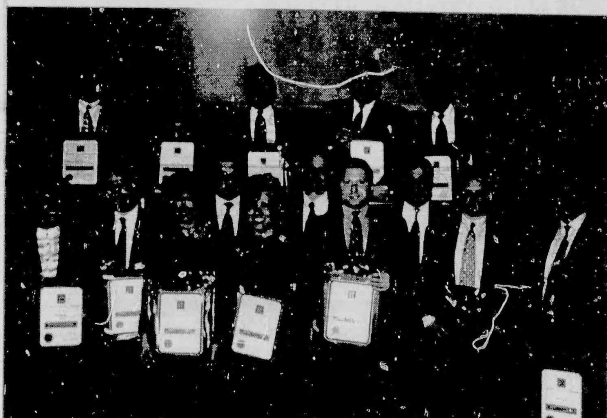
ASKING \$164,500. SPARTA - LAKE MOHAWK
Young spacious home on large private lot and short walk to beach, 3 BR's, 3 full baths (1 w/whirlpool). Fabulous 44x24 Fam. Rm. w/frpl. Move in condition.



ASKING \$137,900. YOU CAN'T BEAT THIS!
Lovely area of Belleville above Union Ave., formal DR, 4-5 bedrooms, encl. front porch, new thermo windows, 1 car det. gar. GOOD CONDITION!!



ANDOVER TWSP-SUSSEX CO. ASKING \$178,500.
1.88 acre-Very private setting with pond, 6yr. old home with open floor plan, 4 BR's, 2 1/2 baths, oversized Fam. Rm., 2 car gar, low taxes. You will love the room size.



The Bloomfield, Glen Ridge, Nutley and Belleville Board of Realtors presented their New Jersey Association Million Dollar Sales Club Awards at their March Meeting at "Crystal's The Palace", in Lyndhurst. This Award is presented to Realtors and Realtor Associates who have demonstrated excellent salesmanship in the Real Estate Industry. The 1995 recipients are: left to right lower level: Dee Rubiniich, James Devore, Deanna Dugan, Ken Ufret, Laura Gonzalez, James Gorman, Dennis Moscara, Paul Abate, Steven Moscara, Al Nappi. Left to right upper level: Tony Litterio, Diane Tasco, Bruno Marino, Jr., James Cotugno, Ben Mele.

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To
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Home.**
They Make
A
Difference.

Spring Flower Beds

"While starting a flower bed is not difficult, it requires patience," said Karl Reiser, a Certified Nurseryman with The Home Depot. "To prevent more work and extra weeding later, a successful flower bed requires the right preparation."

- Start with location. Pick a site with full sun; most annuals and perennials flourish in lots of light.
- Next, realistically plan the size. The size depends on how hard you want to work. You want to be able to reach all of the flower bed, so that you can care for the entire area - not just weeding and watering the areas you can reach.
- The next step, if done properly, will save time later. Kill the weeds by spraying the bed with a grass and weed killer, which kills the roots in about two weeks. Do not use a sterilizer, or your flowers will bloom brown all summer. Sterilizers will kill anything growing and prevent germination of seeds for up to a year.
- After about two weeks, till the soil with a tiller or by double digging. To double dig, dig two trenches - one on top of the other. This loosens and mixes the soil to about 20 inches deep.
- Now the hard work - choosing the flowers. For the most color, plant annuals. But planting all annuals is a lot of work every year. Mix perennials in with the annuals for a flower bed that's not so labor intensive.
- But the hard work is not done. Weed once every six weeks. But don't hoe, it will break the barrier. The soil additives alone will keep the soil loose enough.
- If grass sneaks into your flower bed, spray a grass killer over the flowers. It won't kill the broad-leaf plants which are the flowers, just the blades of grass.

Make your flower bed a family project. Give children a space to call their own, letting them plan and prepare for flowers they can nurture and enjoy along with your own garden creations.

SOME OF OUR SPRING TIME OFFERINGS Asking Mid \$100's

15 TAFT AVENUE 144 STAGER STREET
6 Room Colonial plus front TV area, covered patio off 2 car garage.

ASKING UPPER \$100's

12 POVERSHON ROAD 21 EMILY AVENUE
Vinyl sided home includes living room with fireplace, modern kitchen, 3 bedrooms finished rec room. 3 Bedrooms, family room on first, new kitchen and 1 1/2 baths. Centrally air-conditioned.

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Credits & adjustments are to be made only for errors which significantly alter the effectiveness of the ad, such as a wrong telephone number or price. Credits will not be issued for typographical errors or misspelled words. The newspapers can assume responsibility only for MAJOR errors in the first day's publication!

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DIAL-A-SERVICE DEADLINE - FRI, 3PM

NAME _____	
ADDRESS _____	
PHONE _____	
CATEGORY _____	RUN DATE _____
NUMBER OF INSERTIONS _____	

Check _____ Visa/M/C# _____
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ATTN: CLASSIFIED DEPT.

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\$20-\$100 Paid Free Towing
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Call Bob * 7 Days

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Sell your car with our

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8 weeks - 20 words in our 3 papers plus
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12 North Jersey towns.

For only \$20.00 prepaid

- * 1 vehicle per ad
- * No Refunds
- * Private party advertisers only.
- * Price of vehicle is only copy change allowed
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Just mail in your ad with payment to:

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Or Call One of our Friendly Ad-Takers at
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Visa/MC accepted

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1988 Cougar Runs
good. Mint interior, good
body. Automatic. PW,
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best offer. 997-8316

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well maintained. New
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Great trans, excellent
shape. Asking \$3200
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ALFA SPIDER QUAD
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Cruiser. Good condition.
80K, loaded, new tires.
Trailer package never
used. \$5000, or best
offer 759-3314, 9-5.

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White. 2 dr. auto, 4 cyl.
PB, PS, AC, AM/FM, 3
alarm, 7/70 warr., 60,000
miles, good cond. \$4200
or 80. Call Gabrielle
Eves 751-8791

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White w/ltan int. 2 dr.
auto, AC, ABS brakes w/
traction control, cruise,
great stereo, well main-
tained. \$12,650. War-
ranty transferable.
661-5085

84 S-10 Pick Up - Black,
V8-305, Excl cond,
\$1,000 mi. \$5000 neg.
Call 759-9556.

SEIZED CARS
FROM \$175.
Ponches, Cadillacs,
Chevys, BMW's,
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I'll Tow Your Junk Away
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Low Mileage - \$1900.
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GX, rotary, 5 sp., red,
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2 door, runs good,
needs some body work.
80,000 orig. mi. \$1100.
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1987 Grand Am - 93K
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A/C, cruise, tilt, gauges,
p/s, pb, new tires &
trans. \$3200, or B.O.
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1989 Cougar LS
Metallic Gray, red int.,
alum rims, digital dash.
Great shape. \$2500.
748-5599 bet 9-5, M-F.

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FAX IN
YOUR
CLASSIFIED
AD.

667-3904

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PRAYER TO THE
BLESSED VIRGIN
(Never known to fail) O
Most beautiful flower of
Carmel, fruitful vine,
splendor of heaven,
Blessed Mother of the
Son of God, Immaculate
Virgin, assist me in my
necessity. O star if the
sea, help and show me
hence you use my Moth-
er, O Holy Mary, Mother
of God, Queen of heaven
& Earth, I humbly
beseech you form the
bottom of my heart to
succor me on my neces-
sity (make request)
There are none that can
withstand your power. O
Mary conceived without
sin, pray for us who have
recourse to thee (3
times) Holy Mary, I place
this cause in Your hands
(3 times) Say this prayer
for 3 consecutive days.
You must publish it & it
will be granted to you.
J.N. FAMILY

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Child Care for 2 pleasant
children in Nutley home.
2-3 days/wk Non-smok-
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6 Weeks to 2 Yr Old
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Exclusively Nutley. 4
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pooning or booking ap-
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ing 18 million readers!
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It also takes \$279 and
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ary commensurate with
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lope you stuff. Free de-
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time. Call 1-216-233-
4346. Ext 119. (24hrs)

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Highly energetic individ-
ual for health care office.
Good typing & communi-
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DRIVERS: Call TRISM
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sign-on. Start \$0.28/mile.
Home start. 15-30 con-
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perience. 1-800-841-5820

GENERAL OPPOS.
Part Time & Full Time - Computerized embroidery & related duties. Apply in Person 9-11 a.m.
368 Cortlandt St.
Belleville, N.J.

Part Time help wanted for a weight control center. Must be a people person & have a clear phone voice. Some knowledge of dieting helpful. Flex hrs. 11-0011.
Call Mon-Fri, 661-0011, Ask for Ro.

PART-TIME \$9HR
Answering Telephones. Flexible Hours. Local Area. No Experience Necessary.
(609) 474-2786
Int'l Toll

Person needed for related assembly work & order picking in manufacturing firm near Mill St. in Belleville, Bk: 8:30 am-5:00 pm. Starting rate \$15.50/hr. Must increase every 4 months.
Call 482-8663.

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TRAINING, TRAINING, TRAINING
If you like to succeed in Real Estate sales, We have the best in the business. Pre-licensing course costs \$29.00 to 10 qualified individuals. Call now, ask for Frances
751-7771
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OWNER OPERATORS
LANDSPAD refrigerated division now leasing. Regular runs Jersey to Chicago and to other top percentage pay. permits, legal model tractor with deeper. Pull your refrigerated trailer and return. Call Gary 1-800-237-0081

Real Estate Very busy office located in Bloomfield has a few openings for experienced agents. No experience nec. Must be licensed. Will train qualified applicants. No gimmicks. No fees. Call Al or Jerry 680-4700

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TALENT SEARCH
Make big \$\$\$ with your voice talents. Sound Talent Connection connects YOU with the right talent agencies that need you.
Call 1-800-556-2964

TEACHER ASSISTANT
Full Time
Clara Maass Medical Center, located in Belleville, currently has an excellent opportunity for a Teacher Assistant in our on-site educational day care center. Previous teacher's assistant experience preferred.

Please send resume or complete an application in the Human Resources Department. NO PHONE CALLS PLEASE.
CLARA MAASS HEALTH SYSTEM, INC.
One Clara Maass Drive
Belleville, NJ 07109
An EOE m/f/v

Recognized as a distinguished community benefits foundation hospital.
TEACHER/MONITOR Job Fair April 13, 9:00am-1:00pm. Greenville, NC. 20 systems on site for information interviews. Call (919) 830-4202

WILDLIFE CONSERVATION JOBS
Now hiring game wardens, security, maintenance, park rangers, etc. No experience nec. For info, call & apply. 1-800-299-2470, ext NJ 1520, 8 am - 9 pm, 7 days.

WOLF
TANNING BED
Montego Bay Casual 2400. Less than 2000 hrs. hours. Asking \$2500 FIRM Call 748-4311 between 11am & 5pm.

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IMMEDIATE REFUND
Too many debts? Overdue bills? Reduce monthly payments 30%-50%. Eliminate interest. Stop collection calls. Restore credit! NCCS nonprofit 1-800-855-0412

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NEED MONEY? Receiving Payments on a SETTLEMENT? We will buy your FUTURE PAYMENTS for CASH TODAY. Call R&P Capital Resources at 1-800-336-5815. FAST CLOSINGS

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YOUR OWN BUSINESS
Possible \$15000+ per mo. Work at home. FRI 900+1 Join the team! 1-800-995-0796 Fax: 609-612-1400

Bridal Bus Free
accounts. Ext. Refining. Show area or move to your location. Fixtures at cost. Stock wholesale. 908-295-0010 office 9:30am or after 6:30pm.

GARDEN TILLERS
TROY-BUILT
Real-Time Tillers at low, direct from the factory prices. For FREE catalog with prices, special SAVINGS NOW IN EFFECT, call Mike & Mimi Guide. Call TOLL FREE 1-800-535-6001. Dept. 17.

Hair Salon
for sale. Belleville location. \$16,000 or B.O. Call Tracy 759-4492

PURCHASING AGENT
for motorcycles for our dealership on a full-time basis - training and support provided, small start-up cost, plus working capital required. No risk, rapid turnover. Contact Rick 1-800-547-1024 Code 68

Vending Rts. Brand New Machines (25+ \$4,900. Stocked ready. No \$5000. No Garage. Stays in place. Expansion finance to 10% and more.

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In your home, on your PC. Just bought a new computer with your tax and software. Don't know how to operate it. Use us? We'll come to you. More about going on line on the Internet & Worldwide Web? Call me, Rob Castro for more information 428-8254.

ARTS & CRAFTS
Assemble arts, crafts, toys, jewelry, wood items, typing, sewing, computer work from home in your spare time. Great pay. Free details call 1-800-432-8007, 24 hrs. (Fee)

ARCIBLES FOR SALE
Arcade Games for home pinball, video, pool, skeeball, jukes, more. New & reconditioned, fully warranted. Also place games at business locations.

THE FUN HOUSE
609-371-9444
CHOCOLATE MOLDS
Brand new. Over 200 designs to choose from. Holiday and other occasions available. 759-1846

PRESSURE CLEANERS
PSI 1150-\$99
2000-\$399. Honda contractor 3500-\$499. 4000-\$1399. complete, factory direct, lowest prices guaranteed, catalog, 24 hours 1-800-333-8274

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3 way home theatre sound. 12" PIP cone drivers. 4" mid-range. 3" dome tweeter. Brand new, still in original package. \$300 or best offer. 680-6411

WOLF TANNING BED
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ARTICLES WANTED
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From 1920's to present. Barbie, Madame Alexander, Betsy McCall, etc. Contact 746-0629. TOP DOLLAR PAID.

I BUY ANYTHING OLD.
CALL GENE 696-4908
LIONEL, FLYER AND OTHER TOYS & MODEL TRAINS COLLECTOR
PAYS TOP PRICE
CALL 1-800-464-4671 OR 201-826-1006

WANTED
USED AIR CONDITIONERS
CASH 482-3681

ESTATE SALES
Belle - House Contents. 50 yrs & sec. Books & Records, art, some furn. misc. Pickers delight. 12 Campbell Ave. Thurs 10-12, Fri 9-11 am. Fri, 45, 9am - 2pm.

FURNITURE FOR SALE
"Used Filing Cabinet" "Chair/Desk" EDELSTEIN OFFICE FURNITURE WARE
\$46 Market St. Paterson Cor Lakewood Ave & Rt 80. 523-6153
3 1/2 N.J. Sales Tax

2 French Prov. End Table
1 Fr. Prov. Cook-ut table. Good Cond. \$125/wk. Call 667-4247

Contemp sofa, loveseat & 2 tables. Toast w/ maple & blue. \$300. Ex-claim cont. 284-1960 after 5pm, or 284-1661 days.

Entire Contents Of Apartment For Sale
473-1592
Mahogany Dresser \$200.00 Roll Top Desk \$200.00 Like new. 751-6778

MATTRESS/BOX SPRING SET
"Ortho" "Never Used" "New in package" "Cost \$350." "Sell \$150-250" 256-2256

LAWN/CARDEN
PRIVACY HEDGE
Clearance overstock. 3 1/2" Cedar (Arbutus) trees. Regularly \$19.95, now \$7.95. Free shipping - 12 tree min. Also available - pine, birch, lilac. Discount free Farm. Phone 1-800-888-8238

RUINAGE SALES
Glen Ridge Congregational Church 145 Ridgewood Ave., Clark St., Glen Ridge. Fri. April 12, 10pm-2pm Sat. April 13, 10am-2pm Clothing, furn, linens, books, toys, HH items, etc. Refreshments avail.

PETS FOR SALE
\$100 PUP SALE
\$100 buys any pup in #1 Puppy House. Good Selection. MC/Via Open April 6 & 7. Hrs. 10-5. J.P. O'Neill Kennels, US Hwy 1, Princeton, NJ. Across road from Hyatt Hotel (no checks)

LABRADOR RETRIEVER PUPS & GOLDEN RETRIEVER PUPS.
Several Litters MC/Via. Open April 6 & 7. Hrs. 10-5. J.P. O'Neill Kennels, US Hwy 1, Princeton, NJ. Across road from Hyatt Hotel.

REAL ESTATE
Huge selection. Lakewood 4 riverfront homes & 1/2. Log cabins, fern houses, hunting cabins, acreage. Call for free 4 page brochure. FRIEDMAN REALTY 1-518-494-2400

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Huge selection. Lakewood 4 riverfront homes & 1/2. Log cabins, fern houses, hunting cabins, acreage. Call for free 4 page brochure. FRIEDMAN REALTY 1-518-494-2400

IN A HURRY?
FAX IN YOUR CLASSIFIED AD!
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REAL-ESTATE
EQUAL HOUSING OPPORTUNITY
All Real Estate advertised herein is subject to the Federal Fair Housing Act of 1968 which makes it illegal to discriminate "any preference, limitations, or discrimination based on race, color, religion, sex, national origin, familial status or handicap or intention to make any such preferences, limitation or discrimination"

Spring Garden section.
Just Spruced Up For Spring! Good condition starter home, 1 1/2 bns, art car, pvt section of town. Asking only \$135,000.
Call Marie at Century 21 Stanford Agency 235-9000 or eves 667-1940

Wanted
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ESTATE SALES
Belle - House Contents. 50 yrs & sec. Books & Records, art, some furn. misc. Pickers delight. 12 Campbell Ave. Thurs 10-12, Fri 9-11 am. Fri, 45, 9am - 2pm.

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3 1/2 N.J. Sales Tax

2 French Prov. End Table
1 Fr. Prov. Cook-ut table. Good Cond. \$125/wk. Call 667-4247

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MATTRESS/BOX SPRING SET
"Ortho" "Never Used" "New in package" "Cost \$350." "Sell \$150-250" 256-2256

LAWN/CARDEN
PRIVACY HEDGE
Clearance overstock. 3 1/2" Cedar (Arbutus) trees. Regularly \$19.95, now \$7.95. Free shipping - 12 tree min. Also available - pine, birch, lilac. Discount free Farm. Phone 1-800-888-8238

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HOUSES FOR SALE
Nuttley - Spring Garden, 3 BR, 1.5 baths, 47 x 200 lot, new custom kit w/ built-in microwave, frig, stove, DW, LR/DR, laun, stand up alc, garage, pad, oil. Pm. only \$173,900. Call 661-2936

NEW LISTINGS
Redcliffe - 3 BR, 1 1/2 bath, LR, FR, EIK, fin built, art car, plus much more. Asking \$205,000.

Spring Garden section.
Just Spruced Up For Spring! Good condition starter home, 1 1/2 bns, art car, pvt section of town. Asking only \$135,000.
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USED AIR CONDITIONERS
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APARTMENTS UNFURNISHED
BELLEVILLE
Furn Apt. Bernat. Kiv/FR. BR. All utls incl. \$550/mo. 3 mod rms, 1st fl, Silver Lake loc. Supply own utls. \$450/mo.
4 mod rms, 2nd fl, Florence St. Supply own utls. \$600/mo. 5 mcs, 3rd fl, supply own utls. \$725/mo.
BLOOMFIELD
3 1/2 lg rms, 2nd fl, heat incl. (Broughton Ave.) \$725/mo.
5 mod rms, 2nd fl, supply own utls. \$750/mo.
METRO AGENCY
REALTORS 751-3400

BELLEVILLE
3 rms, laund, fac, \$575 inc. HHW.
Beautiful 4 rms, W/W, laund, \$700+.
5 rms, Children OK, \$850+.
NUTLEY
4 rms \$695, HHW incl. MONTELL REALTORS 759-6900

BELLEVILLE
1 BR grdn apt, \$595 incl HHW, Avail immed, 1 park space, laun on prem.
MARZULLI
REALTOR 743-2306

BELLEVILLE
Studio, \$475, utls incl. Pkg. Also 1 BR, \$525, pet ok, storage.
ELITE BROKERS 680-4700

BELLEVILLE
2 BR, 2 fam, \$650, kid ok, yard, storage. Near trans & shops.
ELITE BROKERS 680-4700

Blfd - 4 rms, 2nd fl of 2 fam. No pets. 1 child OK. On site pkg. 27 Edison St. \$650/mo. 1 1/2 bns, sec. Avail immed. Call 305-0356, ask for Dave.

BLOOMFIELD
Mod 5 m apt, LR, DR, kit & 1 BR + small room for office, off at park, w/ kid hug. Avail 4/19/96, \$825 incl. HHW.
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Accepts
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APARTMENTS UNFURNISHED
Belle - 1 BR apt, 2nd fl. Utls incl. \$550/mo. Female pref. 1 mo. sec. Av 471-371-3793/751-1321.
Belle - 3 rms, HHW incl. Off Washington Ave. \$575/mo. Call 743-2969
Beeper 308-5702.

Belle - 5 rms, 2nd fl, \$800/mo, utls incl. 1 mo sec. No Pets. Avail 4/1. Call 450-1378, 5pm.

BELLEVILLE
4 rooms, 1 BR, LR, DR (or 2nd BR) newer kitchen, \$200 mths + utls.
NUTLEY
3 rooms, \$525 + utilities. 1st fl, 2 BR's, LR, kitchen. Parking avail. \$700 mth, HHW incl. Call Celeste at COSTANTINE REALTY 667-7070

Belleville 5 rms, \$775 + utls. No pets. 1 mth sec. 481-2817 (days) or 751-2249 (eves)

BELLEVILLE - 1 BR ultra modern garden apt in quiet community. Extras include WW cap, HHW, laundry rm, safe, parking & the best deal in the area. Call 759-8379.

Belleville 3 1/2 rooms, 2nd fl, \$750, all utilities included. \$63-9628
Belleville/Henrich line 4 1/2 rms, you pay 25 HHW bill + water. Lg yard & shed. \$550/mo. Call 667-0627.

Belleville - 4 modern rms, apt, Washer/Dryer, \$450/mo. Supply own heat. Call 751-3017.
Belleville - 2 BR's, 2nd fl, HHW incl. Off street parking. Adults pref. \$725/mo. Call after 5 pm. 751-0311

BELLEVILLE
3 BR 6 rms, \$875, 2nd & 3rd fl, kid & pet ok, storage, w/d hug.
ELITE BROKERS 680-4700

APARTMENTS UNFURNISHED
BLOOMFIELD
1 BR apt freshly painted, new w/w, ref, walk-in closets. Avail. immed. \$700 incl HHW/G/E. 1 car gar. \$875 + utls. Avail immed.
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REALTOR 743-2306

BLOOMFIELD
2 BR, \$675, 2 fam, utls incl, storage, w/d hug, yard, kid ok. Near trans.
ELITE BROKERS 680-4700

BLOOMFIELD
1 BR, 1st fl, laun hug, 3 mcs, 1 car gar. Avail 4/5, \$575 + utls.
MARZULLI
REALTOR 743-2306

BLOOMFIELD
2 BR, \$675, 2 fam, utls incl, storage, w/d hug, yard, kid ok. Near trans.
ELITE BROKERS 680-4700

BLOOMFIELD
3 BR, \$850, kids ok, 2 fam, attic, yard, storage. Near trans & shops.
ELITE BROKERS 680-4700

Blfd - 4 rms, 2nd fl of 2 fam. No pets. 1 child OK. On site pkg. 27 Edison St. \$650/mo. 1 1/2 bns, sec. Avail immed. Call 305-0356, ask for Dave.

BLOOMFIELD
Mod 5 m apt, LR, DR, kit & 1 BR + small room for office, off at park, w/ kid hug. Avail 4/19/96, \$825 incl. HHW.
MARZULLI
REALTOR 743-2306

CLASSIFIED
Accepts
Visa & Mastercard
201 667-3700

APARTMENTS UNFURNISHED
Belle - 1 BR apt, 2nd fl. Utls incl. \$550/mo. Female pref. 1 mo. sec. Av 471-371-3793/751-1321.
Belle - 3 rms, HHW incl. Off Washington Ave. \$575/mo. Call 743-2969
Beeper 308-5702.

Belle - 5 rms, 2nd fl, \$800/mo, utls incl. 1 mo sec. No Pets. Avail 4/1. Call 450-1378, 5pm.

BELLEVILLE
4 rooms, 1 BR, LR, DR (or 2nd BR) newer kitchen, \$200 mths + utls.
NUTLEY
3 rooms, \$525 + utilities. 1st fl, 2 BR's, LR, kitchen. Parking avail. \$700 mth, HHW incl. Call Celeste at COSTANTINE REALTY 667-7070

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Belleville/Henrich line 4 1/2 rms, you pay 25 HHW bill + water. Lg yard & shed. \$550/mo. Call 667-0627.

Belleville - 4 modern rms, apt, Washer/Dryer, \$450/mo. Supply own heat. Call 751-3017.
Belleville - 2 BR's, 2nd fl, HHW incl. Off street parking. Adults pref. \$725/mo. Call after 5 pm. 751-0311

BELLEVILLE
3 BR 6 rms, \$875, 2nd & 3rd fl, kid & pet ok, storage, w/d hug.
ELITE BROKERS 680-4700

APARTMENTS UNFURNISHED
No Newark - 4 rms, priv home, all utilities incl. \$575/mo. Call between 6-10pm, 483-4424.

ELITE BROKERS
680-4700
NUTLEY
\$599 to \$925
Well kept mid-rise above parking building with private pool & parking - Heat included - 1 month security - No Fee - Bldg Mgr. (201) 235-1919

CONDOS FOR RENT
2 m fu studio, \$590, HHW, 3 mcs, \$525 +, 3 mcs, \$750 +, 4 mcs, \$800 +, BELLEVILLE
2 m fu studio, \$550, all utls, inc.
3 mcs, \$450, HHW, 3 mcs, \$500 +, 3 mcs, \$600, HHW, 3 1/2 rms, \$575, HHW, 4 mcs, \$600 +, 4 mcs, \$780 +, 4 mcs, \$750, HHW, 5 mcs, \$775, HHW, 2 1/2 rms, \$600, HHW, 3 mcs, \$525, HHW, 3 mcs, \$575 +, 5 mcs, \$870, HHW, COSTANTINE REALTY 667-7070

BLOOMFIELD
1 BR, 1st fl, mod 3 m apt, ref, gar, \$585 incl HHW.
MARZULLI
REALTOR 743-2306

BLOOMFIELD
1 BR, 1st fl, mod 3 m

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ShopRite is the

LOW Price Leader!

Part of your family for 50 years.

OVER 2,000 ITEMS ON SALE EACH WEEK

Super Coupon
All Shoppers Must Present
This Coupon To Receive Discount

2.5-LB. BAG, 41-50 CT. PER LB., CLEANED & COOKED
Cocktail Shrimp

1995

OR 5.00 OFF ANY 2-LB. BAG OF JUMBO SHRIMP OR 2.5-LB., 4-LB. OR 5-LB. BAG OF FROZEN SHRIMP

With This Coupon, Limit one per family. Good at any ShopRite. Sun., March 31 thru Sat., April 6, 1996.

Super Coupon
All Shoppers Must Present
This Coupon To Receive Discount

2-LB. BAG FROZEN, FARM RAISED, 21-25 CT. PER LB.
Jumbo Shrimp

OR 5-LB. BAG FROZEN, FARM RAISED, 21-25 CT. PER LB.
5-Lb. Bag Bay Scallops

14.95

OR 5.00 OFF ANY 2.5-LB., 4-LB. OR 5-LB. BAG OF FROZEN SHRIMP

With This Coupon, Limit one per family. Good at any ShopRite. Sun., March 31 thru Sat., April 6, 1996.

Super Coupon
All Shoppers Must Present
This Coupon To Receive Discount

FROZEN 10 TO 13-LB. AVG.
Empire Kosher Turkey

.59

OR .30 OFF PER LB. ON ANY OTHER FRESH OR FROZEN TURKEY OR FRESH OR FROZEN TURKEY BREAST

With This Coupon, Limit one per family. Good at any ShopRite. Sun., March 31 thru Sat., April 6, 1996.

The MEATing® Place

HAM & WATER PRODUCT, REDUCED SODIUM

Shank Portion Smoked Ham

.87

lb.

HAM & WATER PRODUCT, REDUCED SODIUM, COOKED

Shank Half Smoked Ham

.87

lb.

BONE IN PORK, NO CENTER SLICES REMOVED

Fresh Ham Shank Half

.99

lb.

The Dairy Place

WHOLE MILK OR PART SKIM

ShopRite Mozzarella

1.99

1-lb. pkg.

NEUFCHÂTEL OR

ShopRite Cream Cheese

.69

8-oz. bar

WHIPPED

Tempete Cream Cheese

.89

8-oz. cont.

The Deli Place

WHY PAY MORE?™

Armour Canned Ham

7.99

5-lb. can

MAPLE, LOW SALT, THICK OR REG.

ShopRite Sliced Bacon

1.39

1-lb. pkg.

BIGGER THAN BUN SIZE OR REG.

Nathan's Beef Franks

1.99

1-lb. pkg.

The Appy Place

WHY PAY MORE?™

Armour Kielbasi

.99

STORE SLICED 98% FAT FREE, NATURAL JUICE MAPLE GLAZED OR NO MSG

Black Bear Virginia Brand Ham

4.99

lb.

The Produce Place

FIRST CUT, PRICE REDUCED FOR OVER 100 LBS.

1/2 PRICE

Beef Rib Roast

2.99

lb.

CENTER CUT

Beef Rib Steak

3.49

lb.

BONELESS 7-9 LB. AVG., BUTT, UNTRIMMED, CUSTOM CUT

Butt Tenderloin

3.99

lb.

For Filet Mignon

The Grocery Place

PLUS DEP. WHERE REQ. 144-OZ. TOT. WT. CANS. CLASSIC, DIET, CAFE-FREE, SPRITE OR DR PEPPER

Coca-Cola 12 Pack Soda

1.99

UP TO 4 DISCOUNTS PER VARIETY

PRICE PLUS club Members SAVE 1.00 PAY ONLY

PLUS DEP. WHERE REQ., REGULAR OR DIET

Pepsi 3-Ltr.

.99

each

KELLOGG'S

Corn Flakes Cereal

2.30

1-lb. 2 oz. boxes

Health & Beauty Care

16-CT. PKG.: REGULAR OR SUPER

Tampax Naturals

1.99

UP TO 4 DISCOUNTS PER VARIETY

PRICE PLUS club Members SAVE 1.00 PAY ONLY

Clip Less with "Clip Less" Coupons.

FRESH

5-Lb. Box Southern Yams

ShopRite Sale Price **2.99** FINAL COST **1.99**

CLIP LESS COUPON LIMIT 1 COUPON

3-LB. CONT., WHOLE MILK OR PART SKIM

ShopRite Ricotta

ShopRite Sale Price **2.99** FINAL COST **2.49**

CLIP LESS COUPON LIMIT 1 COUPON

15-LB. CAPACITY

E-Z Foil Roaster

ShopRite Sale Price **.99** FINAL COST **.49**

CLIP LESS COUPON LIMIT 1 COUPON

The Produce Place

IDEAL WITH MEAT & FISH

Tender Green Asparagus

.99

lb.

SERVE HOT WITH MELTED BUTTER

California Artichokes

4.19

for

SERVE WITH PASTA & SAUSAGE

California Broccoli Rabe

.99

lb.

General Merchandise

13 1/2-OZ. CAN, REGULAR OR LOW SALT, BEEF OR CHICKEN

College Inn Broth

.29

UP TO 4 DISCOUNTS PER VARIETY

PRICE PLUS club Members SAVE .30 PAY ONLY

6-OZ. CAN, IN OIL OR WATER, SOLID PACK WHITE

Chicken of the Sea Tuna

.99

UP TO 4 DISCOUNTS PER VARIETY

PRICE PLUS club Members SAVE .30 PAY ONLY

WHY PAY MORE?™

Superior Eclair

1.99

16-oz. pkg.

General Merchandise

NEW RELEASE AVAILABLE 4-2-96

Balto Video

13.95

each

40 SIZE, WHITE OR PINK

Florida Grapefruit

4.99

for

SEEDLESS SNACKS

Sunkist 88 SIZE Navel Oranges

4.99

for

100 SIZE, WASH. STATE, EXTRA FANCY, GOLDEN OR

Red Delicious Apples

.99

lb.

Seafood for Lent

BONELESS, NORTH ATLANTIC

Fresh Cod Fillet

4.99

lb.

FARM RAISED, FRESH

Salmon Steaks

3.99

lb.

SAVE AN ADDITIONAL 1.00 PER PKG. 1-LB. OR MORE WITH PRICE PLUS LIMIT 4 DISCOUNTS

FROZEN AT SEA, BONELESS

Flounder Fillet

4.99

lb.

Frozen Foods Place

10 TO 12 OZ. CONT. 90% ORANGE AND FROZEN

Minute Maid Orange Juice

ShopRite Sale Price **1.39** FINAL COST **.69**

CLIP LESS COUPON LIMIT 1 COUPON

ANY VARIETY, NON-FAT OR REGULAR FROZEN YOGURT OR REG. OR LIGHT

Turkey Hill Ice Cream

2.50

1/2-gal. cart.

38-OZ. COCONUT CUSTARD OR

10" Apple Pie

ShopRite Sale Price **3.99** FINAL COST **2.99**

CLIP LESS COUPON LIMIT 1 COUPON

WHERE AVAILABLE

Fresh Bake Shoppe

38-OZ. COCONUT CUSTARD OR

10" Apple Pie

ShopRite Sale Price **3.99** FINAL COST **2.99**

CLIP LESS COUPON LIMIT 1 COUPON

The Floral Shoppe

CAN BE PLANTED OUTDOORS

Tulips, Hyacinths or Baffodils

3.10

00

**MICRODEX
FILE SEPARATOR**

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